



RESOURCE TOOLKIT

**Supporting
Recovery**





Supporting Recovery


Critical incidents have the potential to affect a child's sense of safety and security. Resources in this toolkit will help school crisis teams and school personnel support their communities in the aftermath of a crisis, in the short-term and over the long-term. Explore resources for responding and coping after mass violence and learn about support resources for caregivers and school personnel.



Recovery from Large-Scale Crises: Guidelines for Crisis Teams and Administrators

[National Association of School Psychologists](#)

A detailed guide that assists crisis teams in supporting their school community in the immediate aftermath of a school crisis and in long-term recovery efforts.



Responding to a Mass Casualty Event at School: General Guidance for the First Stage of Recovery

[National Association of School Psychologists](#)

An effective response to mass casualty events has the potential to decrease the likelihood of further trauma. This guide focuses on the first month of recovery but highlights the importance of developing and implementing a comprehensive school crisis prevention, preparedness, response, and recovery plan.



Rebuild Your Community

[National Mass Violence Victimization Resource Center](#)

After a mass violence incident, communities can respond quickly to address the danger and give practical, financial, and emotional help.



Coping After Mass Violence

[National Child Traumatic Stress Network](#)


A valuable, quick resource for adults experiencing trauma, shock, and grief in the aftermath of a violent event.



Disaster Distress Helpline

[Substance Abuse and Mental Health Services Administration](#)

SAMHSA provides 24/7, 365-day-a-year crisis counseling and support to people experiencing emotional distress related to natural or human-caused disasters.



Care for the Caregiver: Guidelines for Administrators and Crisis Teams [National Association of School Psychologists](#)

Teachers play a critical role in helping children and families cope with crises, often while feeling the same stress and anxiety as the students. This resource emphasizes the importance of supporting the adults in the school setting following a crisis.



Post Crisis Support Network [Safe and Sound Schools](#)

When the unthinkable happens, it can be hard to know who to turn to. Safe and Sound Schools offers a network of survivors and safety professionals to provide support to communities during the recovery process. Support ranges from on-site multi-dimensional reinforcement to remote phone or video-based guidance depending on available funding and resources.