

## RESOURCE TOOLKIT

## Supporting Children and Students





## **Supporting Children and Students**

After high-profile incidents of violence, it's common for children and students to seek comfort from caregivers and educators. Resources listed in this toolkit include tips on how to talk to children about traumatic events, suggestions for reassuring safety, and age-related reactions to traumatic events.

## <u>Talking to Children About Violence: Tips for Parents and Teachers</u> National Association of School Psychologists

After high profile incidents of violence, it's common for children to seek comfort and answers from trusted adults. This quick guide provides tips for reassuring safety and discussing related feelings of fear and anxiety.

Helping School-Age Children with Traumatic Grief: Tips for Caregivers
The National Child Traumatic Stress Network

Clear and concise resources aimed at helping caregivers recognize and respond to signs of grief in young children.

<u>Talking to Youth About Scary Events and Violence</u>
Center for Resilience and Well-Being in Schools

The way you talk about tragedies and violent events with your child matters. These resources, developed by CRW, offer guidance for adults who surround youth to support them in conversation when violent and scary things happen.

Age-Related Reactions to a Traumatic Event
The National Child Traumatic Stress Network

This resource describes common reactions young children and adolescents may have in response to traumatic events and offers suggestions for how caregivers can help support students experiencing distress.

Going Back to School After a Tragedy
Child Mind Institute

How to help your child if they are fearful and hesitant about going back to school following a tragic event.

<u>Julia Cook</u>
Children's Author and Former School Counselor

Julia Cook, Safe and Sound Schools Advisor, has written titles such as "The Ant Hill Disaster," "Grief Is Like a Snowflake," and "A Flicker of Hope" to help children process and move forward from traumatic experiences.