

## TZD Tuesday | Aug. 2, 2022 – Three Years of Hands-Free!

Yesterday marked the three-year anniversary of Minnesota's [Hands-Free Law](#)!

The law that went into effect on August 1, 2019 requires drivers to put their phones down and go hands-free while driving. Drivers who are 18 and older are able to use their phones to make calls, text, listen to music or podcasts and get directions, but only by voice commands or single-touch activation without holding the phone. It is illegal for drivers under the age of 18 to use a cell phone for any reason while driving, even hands-free.

DON'Ts to remember:

- DON'T compose or read texts or emails; make video calls, play games, look at videos or anything else that requires you to hold your device.
- DON'T type or scroll while driving or while in traffic, that includes when you're at a traffic light or stop sign.

Remember that hands-free is NOT distraction-free. Keep your [eyes on the road and hands on the wheel](#) to help keep everyone safe on our roadways. Together, we can drive Minnesota toward zero deaths!