



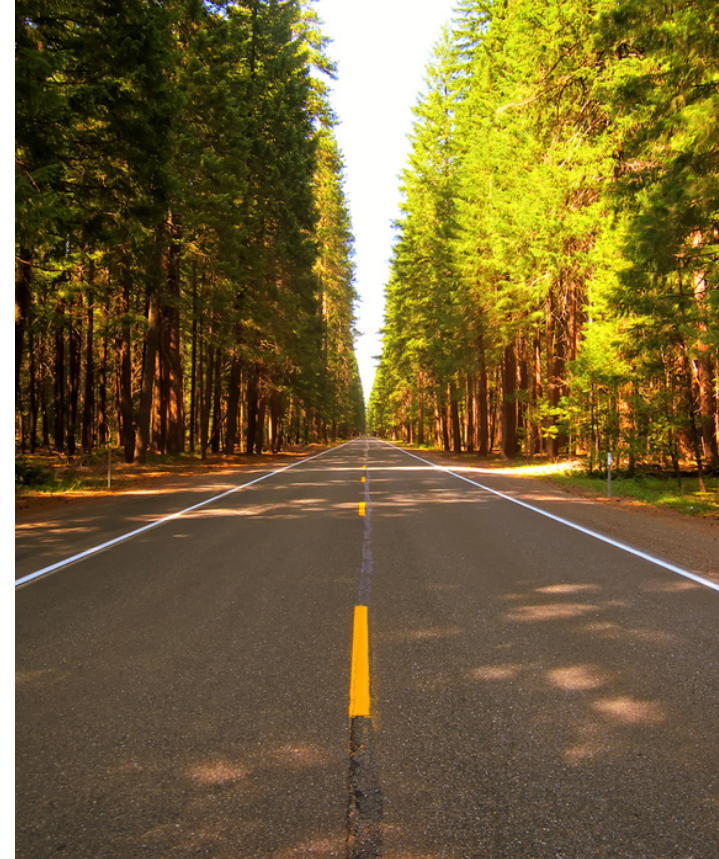
Outcome Based

You will know where you stand and how you are doing through each step on your journey in recovery. Some of our markers are as follows:

- *Motivation to engage and participate in programming*
- *Ability to maintain sobriety through the use and integration of skills*
- *Use of UA's for accountability*
- *Management of mental health and emotional needs so that daily functioning is not impaired*
- *Overcoming either real or perceived barriers to sustained recovery*

Partner in your Journey

We believe that all persons, regardless of race, age, religion, and economic status deserve to live a life of wellness and purpose. Addiction is a tough thing to overcome and we would like to partner with you on this journey.



Contact Us:

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Applied Care Services

OUTPATIENT SUD RECOVERY
PROGRAM



Programming

Our outpatient substance use services offer 1 to 1 counseling with a LADC or ADC-T along with groups. Groups meet up to 5 days per week for 3 hours at a time for a total amount of 15-20 hours per week.

You will receive assignments, participate in lectures that deal with:

- Substance Use Disorders
- Family Conflict
- Interpersonal Relationships
- Mental Health Diagnoses
- Relapse Prevention
- Overall Health and Wellness

Groups are used to process and identify gains made in treatment and to explore core issues related to substance use disorders and how to cope with triggers and setbacks.

LEARN MORE

To learn more about our Outpatient SUD Recovery Program, or for questions about insurance, please visit our website, call, or email us. We look forward to partnering with you on your journey!

ASSESSMENT

We have experienced assessors that provide an accurate view of your chemical use history and will give you options for your care.

TREATMENT PLANNING

Our treatment plans are centered with you and your needs in mind. We take a person-centered approach to our treatment that includes, immediate needs for the client to make progress and sustain recovery.

ACCOUNTABILITY

We also provide accountability in an open and honest environment that does not shy away from difficult topics like trauma, abuse, mental health issues, and core issues related to substance use and abuse.

COMPASSION

We believe that all people deserve to live a life free from addiction and feel stable in their recovery. We provide an open and honest dialog about real-life recovery and the struggles to maintain your recovery.

Recovery Services

We offer comprehensive assessments, points of referrals to match the client with the services based on need. Outpatient treatment in a safe, accepting environment with no judgment or conditions. Come as you are and we will meet you at your need and help you on your road to recovery.

Access to Other Services

Our integrative mental health services can help with recovery including mental health individual or family therapy, ARMHS, or psychiatry. These services are offered at Applied Care Services and are integrated to give a seamless communication between therapy and skills-based services that you participate in.