



Intensive Outpatient Programs

Partners In Recovery is a leader in substance use disorder and mental health services for justice involved clients. Substance use disorder intensive outpatient programs (also known as IOP's) are direct treatment services for people with substance use disorders or co-occurring disorders who do not require medical detoxification or 24-hour supervision. The MN Department of Human Services recognizes IOP's as an alternative to inpatient and residential treatment.

Intensive Outpatient Treatment is a primary treatment program that can be recommended by a clinical comprehensive assessment. Clients participate in group and individual therapy, while working on an individualized treatment plan. Treatment is supported by a multi-disciplinary team including LADC's, Mental Health Therapists (if needed), Peer Recovery Specialists and Case Workers. Intensive outpatient programs occur in non-residential settings and consists of more treatment hours per week than traditional programming.



Programming

- ✦ Partners In Recovery Intensive Outpatient Programming Hours: 9 am to 3 pm Monday – Friday
- ✦ 3 locations: Minneapolis, Roseville, and Hibbing
- ✦ Program Duration: 12-24 weeks
- ✦ Step-down phases to aid the client in community reintegration and reduce relapse potential.
- ✦ Progress in a particular level of care, rather than a predetermined length of stay, determines an individual's movement through the treatment continuum.
- ✦ Programming focused on specific needs of men with justice involvement utilizing evidence-based curriculum.
- ✦ Additional free education classes available: parenting, financial management, and employment.

Risk-Need-Responsivity (RNR)

- ✦ The risk-need-responsivity model is used to develop recommendations for how justice involved participants should be assessed based on the risk they present, what they need, and criteria they meet to reduce recidivism.
- ✦ Risk: Matching the level of service to the participant's risk of regression.
- ✦ Need: Assessing criminogenic needs and targeting them in treatment.
- ✦ Responsivity: Maximize the participants ability to learn from a rehabilitative intervention by providing cognitive behavioral treatment and tailoring the intervention to the learning style, motivation, abilities, and strengths of the participant.

Moral Reconciliation Therapy (MRT)

- ✦ Addresses cognitive reasoning in the process of making decisions.
- ✦ Research shows that as clients pass MRT steps, moral reasoning increases, and recidivism decreases.
- ✦ MRT is structured around 16 steps that focus on 7 main issues: Beliefs, Attitudes and Behavior; Relationships; Reinforcement of Positive Behavior and Habits; Positive Identity Formation; Enhancement of Self-Concept; Decrease in Hedonism; Development of Higher Stages of Moral Reasoning

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Intensive Outpatient Program for Men

Criminogenic Needs Curriculum

- ✦ Assesses characteristics, traits and issues that directly relate to a person's likelihood of regression.
- ✦ Structural elements related to a person's life that led them to an initial transgression are addressed. Antisocial Values and Beliefs; Family Structure; Personality Traits; Substance Use; Self-Control; Peers. At least 50% of the programming is addressing criminogenic needs.
- ✦ Addressing these elements in a person's life is paramount to reducing recidivism and providing meaningful and lasting behavior change.

Peer Recovery

Peer Recovery Specialists are persons who have experienced addiction and are living in long-term recovery. Peer Recovery Specialists are trained and certified in peer recovery and provide recovery support services to participants. Every participant at Partners In Recovery is provided with a Certified Peer Recovery Specialist (CPRS) who will assist in removing barriers to recovery and help identify local resources that target the participant's needs such as education, food, shelter, transportation, and employment.

Recovery Residence Support

At Partners In Recovery, we recognize improved outcomes when we can help a participant remove a housing barrier early in recovery. Partners In Recovery provides recovery residence support for our Minneapolis and Roseville locations of up to \$550.00 per month for any intensive outpatient treatment participant. Partners In Recovery will procure housing for the participant. Participants are not expected to source housing themselves. Our partnerships with local recovery residence providers within the Twin Cities Metro Area is where clients will be housed while in treatment.

Our 2 metro locations offer Intensive Outpatient Programming with Recovery Residence Support:

- **Minneapolis | Men** Our shared campus with FreedomWorks (www.myfreedomworks.com) allows the participant to attend treatment and live on the same campus.
- **Roseville | Men & Women** We partner with housing providers such as Recovery First, Como Area, BSM and Right Time.
- **Hibbing | Men & Women** Hibbing offers IOP treatment without housing/sponsored lodging

Admissions

Partners In Recovery has a dedicated admissions team who will guide a client through the process. Clients can begin admission with a comprehensive chemical health assessment or if a comprehensive assessment has already been administered, we typically can work off the active assessment. Same-day and walk-in assessments are available. An assessment can be conducted in person, via phone, or telehealth.

Funding

Partners In Recovery accepts all major insurance carriers as well as PMAP and CCDTF funding.

Transportation

Partners In Recovery provide (s) transportation/pick-ups to either of our Metro locations from most county facilities.

Contact

Admissions Call 888-648-7652

Online Referral Form www.pirmn.com