



Restoring Lives Home

Transitional Housing for Women

DIGITAL
APPLICATION & INFO
PACKET





Mission Statement:

Restoring Lives Home, Inc.- 501(c)3 non-profit organization - is a transitional housing option for women who desire to be in an environment where one can receive **love** (from God, self and others), restore **hope**, and regain their life's **purpose** in a faith-based atmosphere consistent with Biblical principles.

We exist to touch one life at a time, and in the process, believe each will gain a vision of who they are and grow to realize their full potential in Christ.

This is a safe, healthy, and accountable 4-bedroom home located in Zimmerman, MN (35.8 miles North of Minneapolis)

The home is designed for women transitioning out of addiction treatment programs OR incarceration. **Minimum of 6 months sober/clean required** for consideration plus actively working a 12-step program or an assigned case plan. You must be open to faith-based curriculum.

There is a minimum **3** month stay with a maximum of up to two years. This is self-pay rent. You will receive assistance to find full-time or part-time work, supplemented by structured time through weekly volunteering and/or community work.



For inquiries, please email
rlhome@restoringlivescc.org
or call (763-856-4384)

**For more information, visit us at
www.restoringlivescc.org/transitional-home**



The "Circle of Hope" is our way of supporting you! The first 30 days at Restoring Lives Home are critical to get you started on the path to being a productive member of the community.

The following are some of topics and activities designed to get you off to that great start.



SPIRITUAL

(Knowing who you are in Christ)

- Weekly church services
- Participating in a weekly bible study
- Partnering with an assigned spiritual/life mentor.
- Joining a women's fellowship group for connection, fun, and encouragement.



WELL-BEING

(Developing safe and healthy habits)

- Participating in physical activity (reduced gym membership fee at local gym)
- Nutrition & body image classes (self-care, improving self-esteem,
- Healthy cooking classes
- Well-being assessments

To print a copy of the brochure, click [here](#)



PERSONAL DEVELOPMENT

(Achieving ways to alleviate boredom and increase self-confidence)

- Taking free online classes to enhance skills in areas of interest
- Job searching and interviewing skills training
- Engaging in volunteering activities in the community
- Pursuing a hobby or new skill to improve self-confidence
- Identifying your personality and communication style through assessments



LIFE SKILLS & RESOURCES

(Improving ways to problem solve and make decision.)

- Anger/conflict management sessions
- Financial management class
- Time Management sessions
- Dealing with trauma sessions
- Attending AA/NA meetings and support groups
- Developing social networks to support your sobriety.

WHAT SUCCESS LOOKS LIKE!

- Living a clean and sober lifestyle
- Strengthening your spiritual and personal growth
- Freedom to learn from mistakes (yours and others) and looking FORWARD to the future with hope
- Discovering what brings you happiness, and in turn, bringing happiness to others
- Receiving love and acceptance, not fear and judgement
- Restoring broken relationships
- Self-acceptance
- Living a purpose-driven life through Christ!



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**WHAT TO
EXPECT AT RLH**

WHAT DOES THE HOME LOOK LIKE?

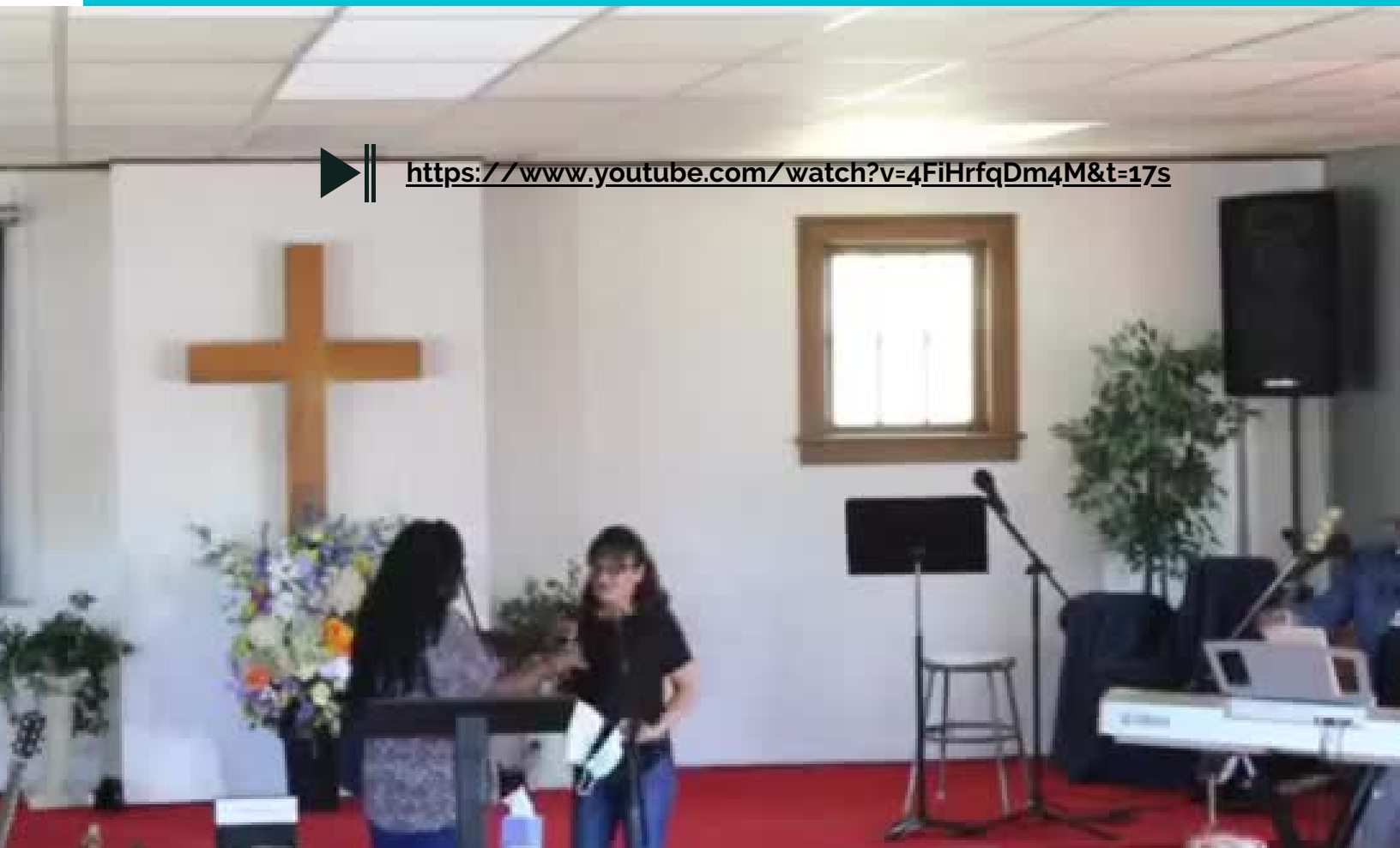


<https://www.youtube.com/watch?v=k-b5GZ5bXgI>

HEAR FROM A GRADUATED RESIDENT...



<https://www.youtube.com/watch?v=4FiHrfqDm4M&t=17s>





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NEXT
STEPS



Restoring Lives Home
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I'M INTERESTED... NOW WHAT?

- 1 We are excited that our home has your interest!
- 2 You (the candidate) will work with your case manager/worker notifying them of the interest in Restoring Lives Home as a potential housing option for release purposes.
- 3 You or Your Case Manager/Worker to contact:
Restoring Lives Home, PO Box 103, Zimmerman, MN 55398 or email:
rlhome@restoringlivescc.org,
ATTN: Pastor Lorraine Daley
- 4 We will do an initial screen over the phone and discuss the following steps in the process:
 - a. Complete application and sign. Please ensure each page is completed and signed where applicable, as this will slow down the processing if information is missing or not signed.
 - b. Forward application via mail or email to address listed.
 - c. Once reviewed, Restoring Lives Home will contact you/Case Manager or Worker to schedule an interview (we usually conduct two rounds of interviews). We want you to feel comfortable that this is the right place for you, as well as you are a right fit for our home environment.
 - d. Review a copy of the guidelines and expectations prior to interview so you can ask questions.
 - e. After interviews are complete, we will notify the Case Manager/Worker of our decision.
 - f. **The process normally takes 2-3 weeks.**

Additional details to note:

- This is a self-pay rent agreement.
- Rent is \$350 per month. Includes all utilities and paper products.
- \$100 deposit upon arrival. (First month's rent waived)
- Minimum stay is 3 months and maximum of up to two (2) years.
- You will share a room with another resident.
- The home can accommodate up to 4 women plus the House Lead.
- Home is fully furnished; all bedding and towels provided. There is very limited storage available; you may need to secure storage at another location.
- There is a comprehensive list of guidelines and expectations, which include a nightly curfew and random drug testing. Click [here](#)!

Download the application by clicking [here](#)!

IMPORTANT DOCUMENTS

CLICK TO DOWNLOAD

RLH GUIDELINES & EXPECTATIONS

REV 8.22.20

RESTORING LIVES HOME



Restore Love. Restore Hope. Regain Purpose.
(Goal: Maintain a loving relationship with God, self, and others)

Guidelines & Expectations

In addition to the guidelines and expectations, residents are encouraged to work a rigorous program of recovery to include:

Staying clean and living a sober way of life

Attending weekly church services

Attending support meetings (2-3 times per week). Meetings can 12-step based, SMART recovery, faith based.

Working with and seeing a sponsor at least once per week.

Developing a support group in and outside of church

Diligently working your chosen recovery program.

- o I agree to not use or possess drugs or alcohol, either on or off the premises. All residents will be subject to random toxicology testing and property search at any time. It there is a refusal of a search or test, or if drugs or alcohol are found or detected, automatic dismissal from the home will result.
- o I agree to not use tobacco or vaping products inside the home (including garage or front of house or while

RLH BROCHURE

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RLH APPLICATION

REV 2.25.19



Restoring Lives Home
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Email: info@restoringlivescc.org OR
Mail to: PO Box 103, Zimmerman, MN 55398

763 586-4384

PERSONAL INFORMATION:

Date: _____

Full name: (First) _____ (middle) _____ (Last) _____

Address: (Street) _____ (Town) _____ (State) _____ (ZIP) _____

Date of Birth: _____ Social Security Number _____

Marital Status: ___ Single ___ Married ___ Divorced ___ Separated ___ Engaged ___ Widowed

Phone # _____ other phone # _____ Are you a veteran? Yes/ No Present

Housing situation:

___ Live with spouse ___ Live with Friends ___ Homeless

___ Live with Parents ___ Incarcerated ___ Live alone

___ Live with Relative ___ Other _____

Emergency Contact Person (friend or family member): (Name) _____

Address: (Street, P.O. Box) _____ (Town) _____ (State) _____ (Zip) _____

Day time Phone# _____ Evening phone _____ Cell # _____

Relationship to you _____ E-mail address _____

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