



Medication Assisted Treatment (MAT)

Medication Assisted Treatment (MAT) is the use of medications, in combination with counseling and behavioral therapies, to provide a “whole-person” approach to the treatment of substance use disorders. Medications used in MAT are approved by the Food and Drug Administration (FDA) and are clinically driven and tailored to meet each person's needs.

MAT is primarily used for the treatment of addiction to opioids such as heroin and prescription pain relievers that contain opiates. The prescribed medication operates to normalize brain chemistry, block the euphoric effects of alcohol and opioids, relieve physiological cravings, and normalize body functions without the negative and euphoric effects of the substance used. Research shows that a combination of medication and therapy can successfully treat these disorders, and for some people struggling with addiction, MAT can help sustain recovery. MAT is also used to prevent or reduce opioid overdose.



The ultimate goal of MAT is full recovery, including the ability to live a self-directed life. This treatment approach has been shown to:

- Improve recovery
- Increase retention in treatment
- Provides safe and effective opioid detox
- Decrease illicit opiate use and other regressive activities among people with substance use disorders
- Increase ability to gain and maintain employment

Our MAT program incorporates evidence-based, solution-focused methods for treating opioid addiction. Key elements of the program include:

- Integrating a medical component
- Providing extensive education and therapy
- Engagement in treatment programming (if appropriate)
- Ongoing support, monitoring, and communication throughout all levels of care

Partners In Recovery medical professionals will work with each person to assess their needs and determine if MAT is the best option for them. MAT is not the end of treatment, instead it is usually just the beginning. While it can help in the recovery process, it is typically not the only treatment method needed to achieve long-term recovery. MAT is most effective when used along with education, evidence-based behavioral therapies, relapse prevention programs, and other treatment methods.

For more information or to schedule an appointment, please visit us online at www.pirmn.com or call 888-648-7652.

www.pirmn.com



Commonly Asked Questions

Who is a good candidate for MAT?

A good candidate for medication assisted treatment is someone who has been to multiple abstinence-based programs but is still not stable. Individuals may have unusually strong cravings for their drug.

A person who has ever overdosed in the past is also a good candidate for MAT.

How or where will a person be seen?

Clients will be seen via tele-health. Once an appointment is scheduled, a link will be sent.

What medications can be prescribed?

- All forms of Suboxone
- Oral Naltrexone
- Vivitrol
- Some antidepressants that are helpful in certain cases (Wellbutrin/Bupropion)

Does a person need to be in programming at Partners In Recovery to receive MAT services?

No, they do not. Individuals are accepted from any referral source including self-referral.

A person can begin MAT services but will be required to complete a chemical assessment (if one has not been completed) PRIOR to refills.

Are there insurance requirements for MAT Services?

Yes. An individual must have funding. If a person does not have insurance or PMAP, we are unable to provide MAT services. We are contracted with most MN provider insurance companies. Self-pay and/or cash is not accepted.

What are the pharmacy options for a person receiving MAT medications?

Prescriptions can be sent to any pharmacy of choice. Medication is not dispensed at any Partners In Recovery location.

Are there Photo ID requirement for prescriptions?

Yes. A photo ID is required to pick up medication at any pharmacy.

Are there specific requirements for women to begin MAT medication?

Yes. Women need a pregnancy test before beginning Suboxone. Women should be directed to their clinic/doctor to obtain a pregnancy test. A negative test must be provided PRIOR to beginning. Pregnancy test cost to be paid for by the client.

How do I schedule an appointment?

MAT appointments are held every Friday via tele-health. To schedule an appointment, call 888-648-7652 and Press 1.