

ABOUT US

All programs and services are supervised by Michaelene Colestock. Michaelene has a Masters Degree in Counseling Psychology and is an LADC and LPCC. She has been working with women in the treatment field since 2001 and providing sober housing since 2009. Michaelene has mobilized an extraordinary team at ANEW, helping women to achieve and maintain sobriety.

ANEW Chemical Health Services is excited to now offer residential services to women. We employ LADC's and Licensed Mental Health Staff. Our Outpatient and Residential programs are led by Clinical Director, Jess Koep. Jess has her Master's Degree in Social Work and is an LADC and LICSW. She has extensive experience working in the field of chemical health and mental health and is passionate about providing valuable services to the East St. Paul community. She could not do what she does without the hard work and dedication of an incredible team that has the same passion for guiding women and mothers through recovery.

ANEW Contact Information

☎ 651.600.3955 – Sharon Huffman, CPRS
Office Manager

☎ 651.493.7057 – Fax

✉ Sharon.ssaneu@gmail.com

Hours of Operation

Monday through Friday: 9am-5pm

Address

445 Etna Street; Ste. 55; St. Paul, MN 55106

www.ssaneu.org



**Residential & Outpatient Treatment
and
Sober Housing for Women and Children**

Sober Housing for Women & Children



Mission, Vision & Values

TREATMENT SERVICES

Spence Specialties LLC offers safe, affordable sober housing to single women and women with children who have completed Residential Treatment.

Our homes are located in St. Paul, Minnesota. We offer Housing Supports (formerly GRH).

OUR HOMES

Kelly's Place
5 women and children

The Loft
5 single women

Mary Kay's Manor (Duplex)
Up to 10 women and children

The Beech House
7 women and children

Hyacinth House
6 women and children

SELF-PAY HOUSES

Pykas Place
11 Unit Apartment Building

We offer co-occurring treatment services to the women living in our homes, other homes, and the community.

Treatment Services include:

Diagnostic Assessments
Group Therapy
Individual Therapy
Education
Acupuncture
Yoga
Trauma Therapy
Art Therapy
Financial Wellness
Physical Wellness
Meditation
Spirituality
Nutrition Services

Access/referrals for psychiatric medication.

Referrals to and partnerships with community resources.

MISSION



Sober housing and services for women in recovery. We guide women to and through recovery by keeping them accountable to their goals. Lifting women out of addiction and into recovery.

VISION



Our Vision is that women can achieve and maintain sobriety by providing a safe place to call home. We do so while offering therapeutic treatment services and accountability.

VALUES



We value accountability, safety, sobriety, and support. It is the expectation that while women are living with us they are attending Outpatient Treatment, going to school, working, volunteering, attending recovery meetings, maintaining compliance with legal goals, and parenting or working towards reunification with their children. All residents are required to attend a weekly community meeting in the home in which they reside.