

Inspire!



Winter Series: Exploring Mental Illnesses

Mondays at 6:00pm

Everyone is encouraged to come learn about the signs, symptoms and treatments for mental illness, separating fact from fiction, so that together we can defeat stigma with understanding.

January 14 – Michele VanderSchel, Ottawa County CMH
Schizophrenia

January 21– Bret VanTol, Pine Rest
Bipolar and Depression

January 28– Kayla Moore, Mercy Health
Panic & Anxiety Disorders

MOMENTUM 
CENTER FOR
SOCIAL
ENGAGEMENT

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