

# HEALTH RESOURCES IN OTTAWA COUNTY

**Call 2-1-1 or visit [call-211.org](http://call-211.org) for information about resources closest to where you live, 24 hours a day 7 days a week, including non-healthcare related needs.**

The Ottawa County Department of Public Health cannot guarantee the accuracy of the information contained in this list and is not affiliated with any of the following organizations. For questions or changes, contact Kristina Wieghmink at 616-494-5597 or [kwieghmink@miottawa.org](mailto:kwieghmink@miottawa.org). (Updated January 9, 2018)

## Medical Resources

**Catherine's Health Center** – [catherineshc.org](http://catherineshc.org), 1211 Lafayette NE, Grand Rapids (616) 336-8800, FREE medical clinic. Asks for \$10 donation. Must be low income, have no insurance. By **appointment only**. Call for availability and eligibility.

**Cherry St. Health Center** – [cherryhealth.org](http://cherryhealth.org) 550 Cherry St, Grand Rapids (616) 235-7272 Multiple locations in the Grand Rapids area. See website for details. Uninsured fees based on ability to pay. Medicaid provider.

**City on a Hill Ministries Health Clinic** – [coahmhealthclinic.blogspot.com](http://coahmhealthclinic.blogspot.com) 100 S. Pine St, Zeeland (616) 748-6009 Phone hours are M 9-5 and T 10-5. Free medical attention for minor injuries & illnesses. Must be an Ottawa or Allegan County resident and no health insurance or under-insured. Clinic every Tuesday from 5:00-8:00 pm. By **appointment only**.

**City on a Hill Women's Health Initiative** – [coahmhealthclinic.blogspot.com](http://coahmhealthclinic.blogspot.com) 100 S. Pine St, Zeeland (616) 748-6009 by **appointment only**. Free pap tests & health exams for women. Referrals for screening mammograms with clinical exam. Services scheduled for 3<sup>rd</sup> Thursday of each month. Call for eligibility and information.

**Hackley Community Care** – [hccc-health.org](http://hccc-health.org) 2700 Baker St, 3<sup>rd</sup> floor, Muskegon Heights (231) 737-1335 Services include: medical, pharmacy, lab, pregnancy, mental health. Medicaid provider for **Muskegon County only**; uninsured fees based on ability to pay.

**Holland Community Health Center** – [hollandcommunityhealthcenter.org](http://hollandcommunityhealthcenter.org) 336 South River, Holland (616) 394-3788 Medicaid provider; uninsured fees based on ability to pay - \$15 minimum; alternatives for those who may not be able to afford fee.

**InterCare Clinic** – [intercare.org](http://intercare.org) 285 James St, Holland (855) 869-6900. Medicaid provider; uninsured fees based on sliding scale - \$20 minimum; alternatives may be available for those who are not be able to afford fee.

**Love in Action (Love INC) Tri-cities Free Health Clinic** – [www.loveinactiontricity.org](http://www.loveinactiontricity.org) 326 N Ferry St. Grand Haven. Free medical care for minor illnesses and injuries. Must be uninsured, under-insured, or in transition. Call 616-846-2701 to inquire or schedule. [clinic@loveinactiontricity.org](mailto:clinic@loveinactiontricity.org) 12-4pm Mon & Wed, appointments preferred and walk-ins per availability; 5:30-8pm Thurs evening, by appointment only.

**Muskegon Family Care** – [mfc-health.org](http://mfc-health.org) Two locations: 2201 S. Getty St, Muskegon (231) 739-9315 and 1700 Oak Ave, Suite 400, Muskegon (231) 777-2093 Medicaid provider. Uninsured fees based sliding fee if patient up to 200% of federal poverty guidelines.

**Ottawa County Department of Public Health** – [miottawa.org/mihealth](http://miottawa.org/mihealth) Children's Special Health Care program, immunizations, vision and hearing screenings for children birth to pre-school, family planning services/contraception, sexually transmitted disease testing, and Maternal-Infant Health Program. Medicaid accepted. Other fees based on ability to pay. Three locations:

Holland – 12251 James (616) 396-5266  
Hudsonville – 3100 Port Sheldon (616) 669-0040  
Grand Haven – 1207 South Beechtree Street, Suite B (616) 846-8360.

## Dental Resources

**Cherry St. Health Center** – [cherryhealth.org](http://cherryhealth.org) 550 Cherry St, Grand Rapids (616) 235-7289 Emergency dental services only. Five locations in Grand Rapids. \$20 for uninsured; also accepts Medicaid. Services offered on a first-come, first-served basis beginning at 7 am (days vary depending on location).

**Destiny Dental** - [destinydentalcare.com](http://destinydentalcare.com), 2279 North Park Dr. Holland (616)392-1500. Accepts children and adults who have Healthy Kids Dental, Healthy Michigan Plan and Medicaid.

**Grand Rapids Community College** – [cms.grcc.edu/dentalclinic](http://cms.grcc.edu/dentalclinic) 143 Bostwick Ave. NE, Grand Rapids (616) 234-4237 Cleaning, fluoride, sealants, x-rays, periodontal therapy: \$30 adult/\$25 child. Hours vary by season. Call for appointment and eligibility.

**Grand Valley Dental Care** – [grandvalleydentalcare.com](http://grandvalleydentalcare.com) 2064 Baldwin, Jenison (616) 457-2299 Basic dental services. Medicaid, MI Child, Healthy Kids provider.

**Hackley Community Care Dental** – [hccc-health.org](http://hccc-health.org) 2700 Baker St, 1<sup>st</sup> floor, Muskegon Heights (231) 737-8603 A Medicaid provider **Call for current access**.

**Holland Free Health Clinic** – [hfclinic.org](http://hfclinic.org) 99 W 26<sup>th</sup> St, off Michigan Ave (by Holland Hospital) (616) 392-3610. **Eligible patients** receive free exam, x-rays and dental cleaning; other services offered include extractions, restorations, and limited dental referrals for additional services. **Holland Free Health Clinic (Dental) is a Medicaid provider**.

# Dental Resources

**InterCare Clinic** – [intercare.org](http://intercare.org) 285 James St, Holland (855) 869-6900. General and preventive dentistry services provided on sliding fee scale (alternatives may be available for those unable to pay). Medicaid / Healthy Michigan/Commercial plans accepted. Emergency appointments available for those in pain; call in the early morning for an opening. Bilingual staff [ Spanish]. On Macatawa Express - Butternut/136th Route. Children seen from age 1 for assessment/prevention.

**Love in Action (Love INC) Tricities Free Health Clinic** – [loveinctricities.org](http://loveinctricities.org) 326 N Ferry St. Grand Haven, MI 49417 (616) 846-2701 Call for more information or to complete an intake. [clinic@loveinactiontricities.org](mailto:clinic@loveinactiontricities.org). Free dental care for those uninsured, under-insured, and with Medicaid; must have ID and complete intake for eligibility determination by staff. By appointment only. No emergency services, oral surgery, crowns, or dentures made in clinic.

**Muskegon Family Care Dental Clinic** – [mfc-health.org](http://mfc-health.org) 1700 Oak Ave, Muskegon (231) 767-9830 Uninsured fees based on ability to pay; Medicaid provider. Accepting **children only** as new patients; limited adult emergency care (with visible facial swelling) available by calling the clinic at 4 p.m. T, Th, or F.

**Ottawa County Department of Public Health** – [miottawa.org/dental](http://miottawa.org/dental) 12251 James St, Holland (616) 393-5694 MILES of SMILES (MOS) mobile dental unit provides **free**, on-site comprehensive dental services for financially-qualifying Ottawa County **children ages 0-20**; MOS is a MI Child, Medicaid and Healthy Kids Dental provider.

# Prescription Resources

**D&W, Meijer, Target, Walmart, Sam's Club, Family Fare** most large chain pharmacies offer free or low cost medications which vary by location. Call or visit websites for an updated list.

**Four Pointes** – [fourpointes.org](http://fourpointes.org) 422 Fulton Ave, Grand Haven (616) 842-9210 Urgent need medications and **free**, year-long prescription assistance for eligible seniors age 60+ in northern Ottawa County. Also assist with Medicaid and Medicare enrollment for seniors.

**Holland Free Health Clinic** – [hfhclinic.org](http://hfhclinic.org) – 99 W. 26<sup>th</sup> St, Holland (616) 392-3610 Help with filling out applications for drug assistance from pharmaceutical companies. Must have doctor in Holland/Zeeland area, and prescription for the medication. **By appointment only.**

**InterCare Clinic** – [intercare.org](http://intercare.org) 285 James St, Holland, (855) 869-6900 Low cost prescriptions available to InterCare patients.

**Love in Action (Love INC) Tricities Free Health Clinic** – [loveinctricities.org](http://loveinctricities.org) 326 N Ferry St. Grand Haven, MI 49417 (616) 846-2701 Call for more information or to set up an arrival time. [clinic@loveinctricities.org](mailto:clinic@loveinctricities.org) **Free** medical attention for minor injuries & illnesses; must have ID and no health insurance.

**NeedyMeds** – Online source for prescription assistance to obtain low cost or free medications; must have doctor's prescription. Visit [needymeds.org](http://needymeds.org) to see if your prescription qualifies.

# Mental Health Resources

**Community Mental Health of Ottawa County** – Contact the Access Center to determine eligibility: (616) 393-5681 or (877) 588-4357 Mental health services for Ottawa County adults and children with **Medicaid** or **without insurance**. Full services for those with severe/persistent mental illness or developmental disability at three locations. **Helpline 24-Hr. Emergency Assistance 1-866-512-HELP (4357)**

*The following counseling or mental health resources either offer services for free or according to a sliding fee scale based on income. Call or go online for details.*

**Beacon of Hope** – [beaconhope.net](http://beaconhope.net) 788 Columbia Ave, Holland (616) 594-5380

**Bethany Christian Services & El Centro** – [bethany.org/holland](http://bethany.org/holland) 12048 James St, Holland (616) 396-0623

**Catholic Charities of West Michigan** – [ccwestmi.org](http://ccwestmi.org) 355 Settlers Rd, Holland (616) 796-9595

**Center for Women in Transition** – for survivors of domestic violence or sexual assault: [aplaceforwomen.org](http://aplaceforwomen.org) Two locations:

*Grand Haven* – 300 N. Ferry, Suite C, (616) 846-0674  
*Holland* – 411 Butternut Dr, (616) 392-1970

**Holland Free Health Clinic** – [hfhclinic.org](http://hfhclinic.org) – 99 W. 26<sup>th</sup> St, Holland (616) 392-3610. Free short-term counseling available for uninsured who meet eligibility requirements. **By appointment only.**

**Hospice of Holland** – [hospiceofholland.org](http://hospiceofholland.org) 270 Hoover Blvd, Holland (616) 396-2972 Bereavement and grief counseling.

**Journey Counseling Center** – 7506 Church St, Jenison (616) 457-3744

**Lakeshore Pregnancy Center** – [lpcenters.com](http://lpcenters.com)

Three locations:

*Holland* – 339 N. River Ave (616) 396-5840  
*Grand Haven* – 114 N. Seventh St (616) 842-7510  
*Allendale* - 11325 54<sup>th</sup> Ave (616) 895-1893  
*After Hours Helpline:* (800) 238-4269

**Midtown Counseling Center** – [midtowncounseling.org](http://midtowncounseling.org) 96 W 15<sup>th</sup> St, Suites 208 and 209, Holland (616) 594-7135

**New Direction Counseling Services** – 490 Century Lane, Suite 100, Holland (616) 510-5577

**Pathways, MI** – [pathwaysmi.org](http://pathwaysmi.org). Two Ottawa County locations:  
*Grand Haven* – 321 S. Beechtree St. (616) 846-5880  
*Holland* – 412 Century Ln (616) 396-2301

**Pine Rest** – [pinerest.org](http://pinerest.org). Three Ottawa County locations:  
*Spring Lake* – 17325 Van Wagoner Rd (616) 847-5145  
*Holland* – 926 S. Washington Ave # 210 (616) 820-3780  
*Zeeland* – 8333 Felch St # 201 (616) 741-3790.

**Tri-Cities Ministries Counseling** – [tcmcounseling.org](http://tcmcounseling.org) 120 S. Fifth St, Grand Haven (616) 842-9160

## Mental Health Resources

**Winning at Home** – [winningathome.com](http://winningathome.com)  
300 S. State St, Suite 13, Zeeland **(616) 772-1733**

## Vision Services

**Holland Free Health Clinic** – [hfclinic.org](http://hfclinic.org) 99 W 26<sup>th</sup> St, off Michigan Ave (by Holland Hospital) **(616) 392-3610**. Eligible patients receive **free** glasses with their eye exam. Call for eligibility; people with vision insurance are not eligible for this program. **Mondays** by appointment only.

**Seniors EyeCare Program** – [eyecareamerica.org](http://eyecareamerica.org)

Eye exams and up to one year of care at no out-of-pocket cost for any disease diagnosed during the initial exam. Must be 65 or older and have not seen an eye doctor in three or more years. Accepts Medicare and/or other insurance reimbursement as payment in full; patients without insurance receive this care at no charge. Go online to see if you qualify.

## Substance Use Resources

**Alcoholics Anonymous (AA)** – Call **(616) 913-9216** or visit [grandrapidsaa.org](http://grandrapidsaa.org) for times and locations. **FREE** support is available for anyone with alcohol related problems, including friends or family members of persons with alcohol problems.

**Catholic Charities of West Michigan** – [www.ccwestmi.org](http://www.ccwestmi.org)  
355 Settlers Rd, Holland **(616) 796-9595**

**Grand Rapids Red Project** – [www.redproject.org](http://www.redproject.org)

343 Atlas Avenue SE, Grand Rapids MI 49506  
FREE Naloxone training at Ottawa County Community Mental Health [www.miOttawa.org/CMH](http://www.miOttawa.org/CMH)

**Michigan Tobacco QuitLine** – [michigan.quitlogix.org](http://michigan.quitlogix.org)

**1-800-QUIT-NOW (784-8669)** Resources include self-help materials, a **list of quit smoking programs in your area** and a free telephone-coaching program. Special services and information are available for pregnancy, spit tobacco use, non-English speaking callers and persons with hearing impairments.

**O.A.R. INC. (Ottagan Addictions Recovery)** – [oar-inc.org](http://oar-inc.org).

Provides outpatient counseling, assessment and therapy for substance abusers and their families, as well as residential treatment. Two locations:

*Holland* – 483 Century Lane **(616) 396-5284**  
*Grand Haven* – 700 Washington Ave, #220 **(616) 842-6710**

**Pathways, MI** – [pathwaysmi.org](http://pathwaysmi.org). Two locations:

*Holland* – 412 Century Ln **(616) 396-2301**  
*Grand Haven* – 321 S. Beechtree St **(616) 846-5880**

**Pine Rest** – [pinerest.org](http://pinerest.org). Three Ottawa County locations:

*Grand Haven* – 1445 Sheldon Rd, # 303 **(616) 847-5145**  
*Holland* – 926 S. Washington, # 210 **(616) 820-3780**  
*Zeeland* - 8333 Felch St, # 201 **(616) 741-3790**

## Hospital Bills

**Charity Care** – for unpaid hospital bills that are not in a collection agency. Ask the hospital for information on this program. A hospital may require that client have a Medicaid denial from **DHS** (see below) in order to apply for this assistance.

## Health Coverage

**Department of Human Services (DHS)** – [michigan.gov/dhs](http://michigan.gov/dhs)  
12185 James **(616) 394-7200** Apply for Medicaid Health Coverage programs.

**Ottawa County Department of Public Health** – [miottawa.org/mihealth](http://miottawa.org/mihealth) 12251 James St., Holland **(616) 393-5758**  
Medicaid enrollment assistance for children or pregnant women (MI Child, Health Kids, MOMS).