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## Oakland County Launches Wellness Wednesdays in Pontiac to Connect Residents with Vital Services

- Wellness Wednesdays feature rotating services such as housing resources, career and employment support, community navigation, legal aid, Secretary of State services and medical care.
- Free showers and laundry facilities are limited and available on a first-come, first-served basis.
- Weekly events are held every Wednesday at the Baldwin Center in Pontiac.

**Pontiac, Mich. March 12, 2025** – Oakland County Health and Human Services, in partnership with the Baldwin Center in Pontiac and several community organizations, announces Wellness Wednesdays. Every Wednesday from 10:30 a.m. to 12:30 p.m., Oakland County residents in need of health, housing, employment and community resources are invited to enjoy a meal at the Baldwin Center, located at 212 Baldwin Ave., while connecting with services.

“The Baldwin Center is an integral part of the Pontiac community, providing important services for more than 40 years,” said Deputy County Executive Madiha Tariq. “We are thankful for the collaboration with community partners to create a ‘one stop shop’ of vital resources.”

Wellness Wednesdays features rotating services such as housing resources, career and employment support, community navigation, legal aid, Secretary of State services, medical care and more. Free showers and laundry facilities are available on a first-come, first-served basis.

Participating organizations include Community Housing Network, Honor Community Health, Michigan Department of State, Molina Healthcare, Oakland County Health Division, Oakland County MI Works!, Oakland County Neighborhood & Housing Development, Oakland80, Alliance of Coalitions for Healthy Communities, Kids Empowered on the Move, Blue Cross Complete of MI, Lakeshore Legal Aid and Lighthouse.

More information about this weekly event is found on the Health Division’s website at [oakgov.com/health](https://oakgov.com/health) or by contacting Nurse on Call at 800-848-5533 or [noc@oakgov.com](mailto:noc@oakgov.com). Nurse on Call is available 8:30 a.m. to 5 p.m., Monday through Friday. For up-to-date public health information, follow @publichealthOC on Facebook and X.

For media inquiries only please contact Bill Mullan, Oakland County public information officer, at 248-202-9668.