



Walk a Mile in My Shoes Rally

Mark your calendar!
Wednesday, September 13, 2023
12 p.m. - 3 p.m
State Capitol Building, Lansing



Why we rally...

- To enhance public awareness, because legislators need to know that Mental Health Matters.
- To put an end to the stigma related to mental illness & developmental disabilities.
- To promote mental health and wellness, because we can make a difference!

Scan QR code for more information



**Walk-a-Mile In
My Shoes
Bus Information
State Capitol Building, Lansing
September 13, 2023**

What You Need to Know

- There are two locations where you can get on the bus:
North Oakland: CNS Healthcare
279 Summit Drive Waterford
South Oakland: Oakland Community Health Network
5505 Corporate Dr. Troy
- The bus ride is free, but space is limited.
- The bus is able to accommodate a limited number of wheelchairs (Please indicate if you use a wheelchair when registering).
- You **MUST** RSVP to save a seat on the bus & indicate which location you are getting on the bus.
- Bring your own lunch, beverages, and snacks.
- Bus will leave promptly at the scheduled time. Be sure to arrive 15 minutes early to be checked in.
- Make signs and bring them to the rally.
- OCHN will provide t-shirts for those attending to represent Oakland County.

**Reserve your seat on the
bus!**

[Click here to register.](#)

Scan QR Code, or
Contact Kaylee Salveta
248.464.6349

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Bus Schedule

9:15 a.m.	Leaves North Pickup location
10:00 a.m.	Leaves South Pickup location
12:00 p.m.	Arrive in Lansing
3:00 p.m.	Bus leaves Lansing
4:30 p.m.	Bus arrives at South drop off
5:00 p.m.	Bus arrives at North drop off

