

Autism Spectrum Disorder

Training for Autism and Anxiety: Diagnostic Nuances and Comorbidity Across the Lifespan

Date: Tuesday, January 27, 2026

Time: 9:00 a.m. – 12:00 p.m.

The MDHHS Capacity Building Center (CBC) is pleased to present the webinar *Autism and Anxiety: Diagnostic Nuances and Comorbidity Across the Lifespan*. This webinar will provide professionals advanced training in the phenomenology of anxiety in autism, including validated tools and methods for the assessment of anxiety in autism. Support resources and therapeutic and medical recommendations will be discussed from childhood through adulthood.

This advanced training webinar is intended for clinicians, including physicians, psychologists, and social workers, with training and experience in the assessment of autism and related conditions.

By attending this webinar, participants will be able to:

- Describe multiple presentations of anxiety in autism.
- Identify three well-validated tools in the assessment of anxiety in autism.
- Make informed recommendations for the management of autism and anxiety.

Instructions for completing registration:

1. Visit micbc.org/login to create a MiLogin account or log in to an existing account.
2. For detailed registration or account creation instructions use these resources:
 - [PDF Guide – Create a MiLogin Account and Register for a Training](#)
 - [Video Guide – Create a MiLogin Account and Register for a Training](#)
3. Once logged in, you will be taken to the dashboard.
4. Select "Training Catalog" on the left column.
5. Search for your desired training title.
6. Select "Register".



If you have any questions or need assistance, please email the MDHHS Capacity Building Center at:

 micbc@pcgus.com

This the training will offer three hours of continuing education credits for the following:

- Medical & Nursing – Accreditation Council for Continuing Medical Education (ACCME), Accreditation Council for Pharmacy Education (ACPE), and American Nurses Credentialing Center (ANCC).
- Psychology – American Psychology Association (APA).
- Social Work – National Association of Social Workers–Michigan (NASW-MI).
- Children's Diagnostic and Treatment Services (CDTS).



Dr. Sarah Mohiuddin, M.D. is an Assistant Professor at the University of Michigan and serves as the Director of Multidisciplinary Autism Program. She also serves as the Training Director of the Child Psychiatry Fellowship Program and the Co-Director of the Behavioral Science sequence at the University of Michigan School of Medicine. She has written numerous papers and articles in the area of autism spectrum disorders, psychiatric comorbidity in ASD, and medical education.



Dr. Kara Brooklier has been a practicing pediatric neuropsychologist (licensed psychologist) for over 20 years. Her specialization is in evaluating and treating neurodevelopmental disorders. Dr. Brooklier maintains private practice offices in the Rochester Hills and Grosse Pointe communities and is on clinical training faculty at Children's Hospital of Michigan and Wayne State University Department of Psychiatry & Behavioral Neurosciences.