



# Resources for Breast Cancer in Young Adults

Young adults with breast cancer are individuals diagnosed under the age of 45. To promote the quality of life for these individuals, the Program for Breast Cancer in Young Adults has developed and identified resources available at [Michigan.gov/YoungBreastCancer](https://Michigan.gov/YoungBreastCancer) or by scanning the QR code below.

- **Managing a new diagnosis video.** This video includes suggestions from young adults with cancer for other young adults diagnosed with cancer.
- **Treatment and beyond video.** This video includes suggestions for people who are in treatment or are post-treatment survivors.
- **Breast cancer frequently asked questions (FAQ).** These FAQ were developed by people with cancer for others with cancer. They provide a wide variety of resources about topics including, but not limited to: mental health, social support, insurance, careers, fertility, and parenting.
- **Caregiver frequently asked questions (FAQ).** These FAQs were developed by family and friends of people with cancer for other cancer caregivers. They provide a wide variety of resources for cancer caregivers of all cancer types diagnosed at any age.
- **Young breast cancer listserv.** This listserv shares a weekly message on topics of interest to young people with breast cancer. To sign up, visit [Michigan.gov/MDHHS](https://Michigan.gov/MDHHS) and scroll to the bottom of the page. Enter your email address and click submit. Enter the requested information to become a new subscriber; read and accept the privacy policy. Scroll to the Population and Public Health section and check the box for the Program for Breast Cancer in Young Adults. Click submit.

## Become a Partner

MDHHS welcomes the involvement of young adults with breast cancer, cancer survivors, caregivers, health care providers, and organizations. For more information on how you can get involved, contact [WebsterD1@michigan.gov](mailto:WebsterD1@michigan.gov).



Scan the QR code to visit the Breast Cancer in Young Adults website.

