



## Offering Services for Teens Ages 12 to 17

If a young person in your life is struggling with depression, anxiety or another behavioral health issue, you don't have to face it alone. Cedar Creek Hospital of Michigan is dedicated to providing compassionate and comprehensive treatment for mental health disorders affecting adolescents.

### Treatment Options

#### Inpatient Hospitalization

Our individualized treatment focuses on:

- Integrated approach to care
- Trauma-informed care
- Patient-centered planning
- Introduction to Dialectical & Cognitive Behavioral Therapy skills
- Process Therapy groups

Upon admission, patients meet regularly with dedicated treatment teams including:

- Psychiatrists
- Licensed professional therapists
- Nurses
- Additional behavioral healthcare staff

Our staff is trained to provide active clinical treatment in a therapeutic environment and offers alternative care options such as:

- Guided meditation
- Dance/movement
- Mindfulness
- Aromatherapy, yoga and journaling



Take the first step. We are here to help with the support you need 24 hours a day, 7 days a week. No-cost assessment and referral services are available. Call **833-837-0923** today. For more information, visit [cedarcreekhospital.com](https://cedarcreekhospital.com).



[Treatment & Services](#) | [Contact Us](#) | [Visit Our Website](#)

101 W Townsend Rd, St Johns, MI 48879

833-837-0923 | Fax: 989-403-6121

**Cedar Creek Hospital**



**Insurance:** We will work with your insurance provider to determine your coverage and benefits.

Physicians are on the medical staff of Michigan but, with limited exceptions, are independent practitioners who are not employees or agents of Cedar Creek Hospital of Michigan. The facility shall not be liable for actions or treatments provided by physicians. Model representations of real patients are shown. For language assistance, disability accommodations and the nondiscrimination notice, visit our website.

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