

# Success Story Snapshot: Rx for Health Program in Lenawee County, MI

## STATE AND LOCAL PUBLIC HEALTH ACTIONS To Prevent Obesity, Diabetes, Heart Disease and Stroke Team Michigan



### PUBLIC HEALTH ISSUE

- 1/3 of adult Lenawee County residents are obese.
- More than 10% of adults over 20 years old have diabetes.
- More than 10% of the population do not have access to reliable source of food during the past year.



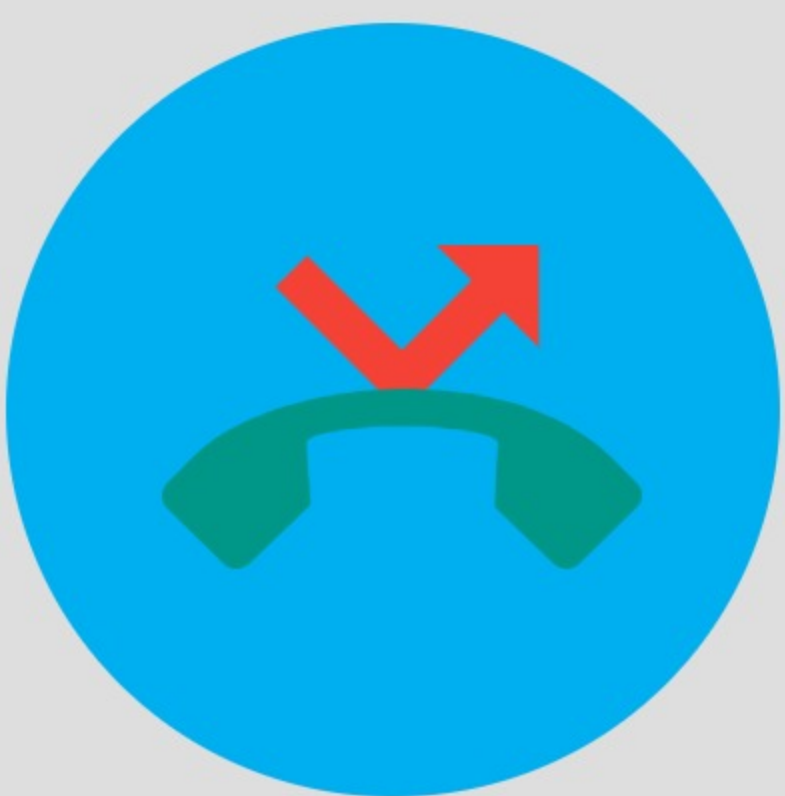
### PROGRAM ACTION

- Lenawee Health Network implemented the Rx for Health Program.
- Lenawee Health Network established a collaboration network to increase access to healthy food, physical activity, and lifestyle change programs.
- Patients were referred to Rx for Health through community referrals. Patients redeemed their food prescriptions in the local farmers market.
- Was awarded the Diabetes Prevention - State and Local Public Health Actions to Prevent Obesity, Diabetes, and Heart Disease and Stroke cooperative agreement (DP14-1422).



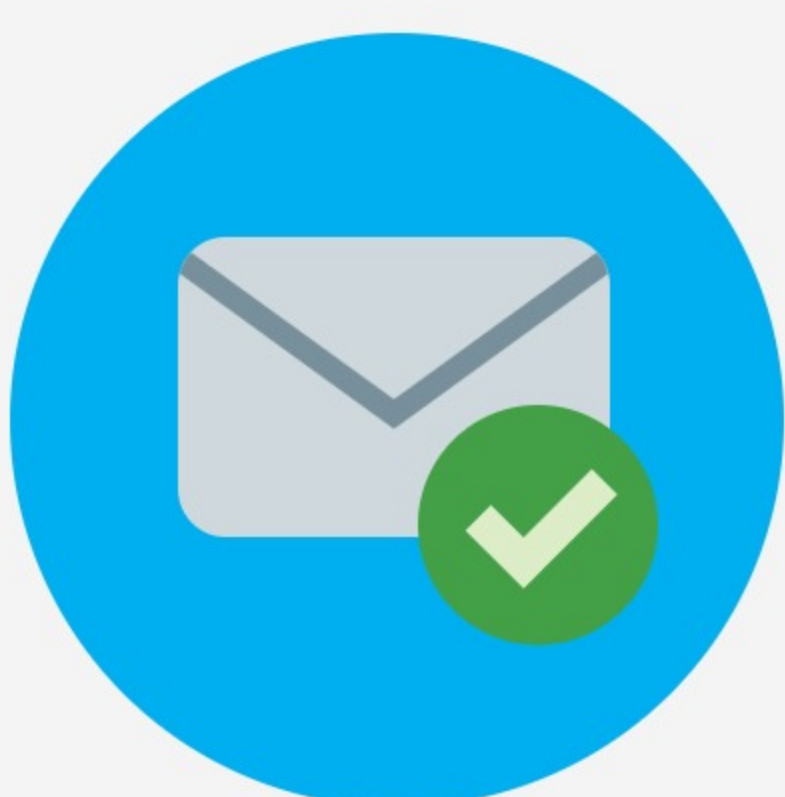
### RESULTS

- 89% of clients reported eating more fruits and vegetables.
- 47% reported that their family ate more fruits and vegetables.



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