

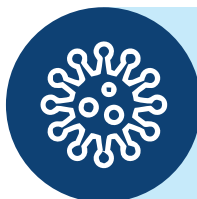


# Grown Ups Need Shots Too

Are you over 65 years old?

*If you answered “Yes” , you are probably due for one or more vaccines.*

To protect yourself and the people around you, ask your health provider about the vaccines you may need.



### COVID-19

If you get COVID-19 disease, you will be much less likely to get very sick, be hospitalized or die.



### FLU

Everyone over 6 months needs this yearly. For older adults, getting the flu increases your chances of having a heart attack.



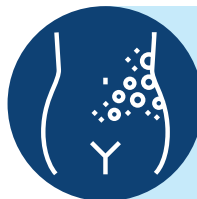
### TETANUS, DIPHTHERIA & PERTUSSIS

This combo vaccine protects you and young children around you from pertussis (whooping cough). It also has the tetanus booster needed every ten years.



### PNEUMONIA

People over 65 or with long-lasting conditions like diabetes, need protection against pneumonia, one of the top causes of death.



### SHINGLES

Shingles causes lasting and painful nerve damage. The vaccine is for everyone over 50.

