



Maine Pediatric & Behavioral Health Partnership

Maine Pediatric & Behavioral Health Partnership Learning Series: Suicide Risk Management

Learning Objectives:

1. Participants will identify risk factors for suicidal behavior in children and adolescents.
2. Participants will be able to discuss the impact that exposure to media with content about youth suicide can have on vulnerable viewers.
3. Participants will understand how to respond to a young patient who is acknowledging recent thoughts of suicide.
4. Participants will gain confidence discussing risk and safety planning with families with guns in the household.

**Webinar will be held on:
April 14, 2021 7:30-8:15 am**

Register in advance for this webinar:

https://mainestate.zoom.us/webinar/register/WN_Y1aue4sqQsWXfik5gq-2og

Presenter:



Jesse M. Higgins, PMHNP
Director of Integrated Behavioral Health
Northern Light Acadia Hospital

Jesse Higgins, RN, MSN, PMHNP, is the Director of Integrated Behavioral Health at Northern Light Acadia Hospital in Bangor, Maine. Jesse has practiced consultative psychiatry in a family medicine practice at Eastern Maine Medical Center since 2011. She developed and directs a program of integration that leverages licensed clinical social workers and psychiatric mental health nurse practitioners on-site and via telehealth in outpatient medical practices throughout the state of Maine. The mission of this program is to improve access to behavioral health expertise for outpatient medical practice patients, families, providers, and staff. Jesse is a national speaker on topics that include integrated behavioral health, shared decision making, and strengthening medical practices as a trauma-informed access point for patients presenting with mental illness and substance use disorders.

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