## **Recruitment Post**

Dear Veteran,

My name is Jennifer Cary, I am a doctoral student at California Southern University. I am conducting a research study about the effectiveness of the reintegration process for military personnel returning to civilian life. The purpose of the study is to explore how well the current transition process prepares personnel members for return to civilian life, the mental health impact of transition, and any barriers to smooth transition that may exist. The goal is to assess current protocols and potentially provide suggestions to the DoD and VA for improvement to the process.

I am recruiting veterans who have separated from the United States Military and returned to civilian life within the last five years. Volunteers could have been enlisted personnel or officers, and the study is open to any length of service. All branches are welcome. If you are interested in participating, we will schedule an interview via Zoom that will last approximately 45 minutes, during which time you will be asked about your experience with the transition and reintegration process. All responses will be kept confidential; no identifying information will be used in the final project. If you would be willing to participate or would like more information, please contact me at Jennifer.Soethe@my.calsouthern.edu.

Thank you for your consideration,

Jennifer Cary (nee Soethe)

