

WE NEED VOLUNTEERS

To test two ways of engaging in
“Walk and Talk Therapy” for PTSD

PROTOCOL TITLE

Computer monitor versus **A**ugmented **R**eality,
Expanding delivery of 3MDR Therapy for **PTSD**: A
Randomized Controlled Trial (CARE4PTSD Study)

WHAT TO EXPECT

- Features up to 14 weekly sessions with music and pictures you choose.
- Follow-ups at 3 & 6 months



INTERESTED? ARE YOU...

- Eligible for care within the DoD or the VA?
- Experiencing the effects of PTSD?
 - Increased anger or irritability
 - Feeling on edge or anxious
 - Nightmares or trouble sleeping
 - Avoiding going places or getting together with others

YOU MAY BE COMPENSATED FOR YOUR PARTICIPATION

(USUHS) IRB 1
IRB NUMBER: USUHS.2021-076
IRB APPROVAL DATE: 03/05/2025



CONTACT US

 **PRINCIPAL INVESTIGATOR:**
MICHAEL J. ROY, MD, MPH

 **EMAIL:**
CAREFORPTSD@GMAIL.COM

 **PHONE:**
301-461-1067

SCAN ME



LOCATION

Walter Reed National Military
Medical Center
Bethesda, MD
Building 17

WE NEED VOLUNTEERS

To test two ways of engaging in
“Walk and Talk Therapy” for PTSD

PROTOCOL TITLE

Computer monitor versus **A**ugmented **R**eality,
Expanding delivery of 3MDR Therapy for **PTSD**: A
Randomized Controlled Trial (CARE4PTSD Study)

WHAT TO EXPECT

- Features up to 14 weekly sessions with music and pictures you choose.
- Follow-ups at 3 & 6 months



INTERESTED? ARE YOU...

- Eligible for care within the DoD or the VA?
- Experiencing the effects of PTSD?
 - Increased anger or irritability
 - Feeling on edge or anxious
 - Nightmares or trouble sleeping
 - Avoiding going places or getting together with others

YOU MAY BE COMPENSATED FOR YOUR PARTICIPATION

(USUHS) IRB 1
IRB NUMBER: USUHS.2021-076
IRB APPROVAL DATE: 03/05/2025



CONTACT US



PRINCIPAL INVESTIGATOR:
MICHAEL J. ROY, MD, MPH



EMAIL:
CAREFORPTSD@GMAIL.COM



PHONE:
301-461-1067

SCAN ME



LOCATION

Platoon 22

Platoon Veteran Services Center
17050 Monocacy Blvd
Suite A
Frederick, MD