

WE NEED VOLUNTEERS

To test engaging in a novel “Walk and Talk Therapy” for PTSD with and without Art and Music Therapy

PROTOCOL TITLE

Music and Art Therapy to Expand 3MDR Treatment for PTSD (MATE-3MDR)

WHAT TO EXPECT

- Features up to 14 weekly sessions with music and pictures you choose.
- Follow-ups at 3 & 6 months

INTERESTED? ARE YOU...

- 18 years of age or older?
- Experiencing the effects of PTSD?
 - Increased anger or irritability
 - Feeling on edge or anxious
 - Nightmares or trouble sleeping
 - Avoiding going places or getting together with others

YOU MAY BE COMPENSATED FOR YOUR PARTICIPATION

(USUHS) IRB 1
IRB NUMBER: USUHS.2024-141
IRB APPROVAL DATE: 03/05/2025



CONTACT US



PRINCIPAL INVESTIGATOR:
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SCAN ME



LOCATION

**Walter Reed National Military
Medical Center**
Bethesda, MD
Building 17

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LOCATION

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