

MENTAL HEALTH FIRST AID

Military, Veterans & Families

Mental Health First Aid provides evidence-based training for military members, veterans, and their families to support mental health conversations. Participants receive a **three-year valid certificate** upon completion.



LEARN HOW TO



RECOGNIZE AND ADDRESS
MENTAL HEALTH AND
SUBSTANCE USE ISSUES



CONNECT A PERSON WITH
HELP



OFFER IMMEDIATE
SUPPORT FOR THOSE IN
CRISIS



ACCESS RESOURCES FOR
SERVICE MEMBERS, FAMILIES,
AND SUPPORTERS.



9:00am - 4:00pm
26 SEPTEMBER, 2025



Platoon Veteran Service Center
1750 MONOCACY BLVD. FREDERICK, MD



Contact
JMARSHALL@EVERYMIND.ORG



**Register
Here**
bit.ly/SeptMHFA