

Lifeline Horse Rescue and Rehabilitation
LETS PROGRAM
 EQUINE-ASSISTED WORKSHOP SERIES

LIGHT WARRIOR: Come Home to Yourself

Sunday, April 20th
1:00 pm-2:30 pm
Greystoke Farm, Gaithersburg, MD



REGISTRATION IS REQUIRED

Free for veterans, service members,
and their families

FOR MORE INFO, CONTACT
LEILA@LIFELINEHORSERESCUE.ORG
(301) 318-1686

Join us for a
transformative equine-
assisted workshop to
uncover and heal
emotional blocks that
keep you stuck.

**Feel empowered and
whole as you learn to
embrace all parts of
yourself, transforming
shadow into light.**

LED BY EMMA HERTZBERG
 LIFE + HEALTH COACH
 TRAUMA-INFORMED YOGA
 TEACHER



REGISTER NOW! LIMITED SPOTS AVAILABLE

