

UPCOMING EVENTS





SCAN CODE

April 2 Wellness Wednesday: Acupuncture

10:00-11:00am

April 16 Wellness Wednesday: Paws & Prescence

12:00-1:00pm

April 7 Breakfast Banter: EVERY MONDAY

9-11:30am

April 19 Operation Outdoor Fun Family Event

1:00-4:00pm

April 9 Wellness Wednesday: Qi Gong

12:00-1:00pm

April 23 Wellness Wednesday: Acupuncture

10:00-11:00am

April 10

Art Class: Acrylic Paint Night

4:30-6:30pm

April 23 Therapeutic Writing Group

12:00-1:00pm

April 12 Frederick Flying Cows Game 7:00pm

April 30

|Wellness Wednesday: Guitars 4 Vets

11:30-12:30pm