



MAY IS MENTAL HEALTH AWARENESS MONTH!

Join ServingTogether, a program of EveryMind, to strengthen our community, raise awareness, and support the critical mental health services EveryMind provides across Maryland and the DC metro area.

Ways to Participate

Register to Run/Walk!

Sign up with the link or QR code below for the 5K run, 1K walk, or kids' fun run and move for mental health!

Volunteer!

Help make the event a success by lending a hand on race day.

Spread the Word!

Share with friends, family, and colleagues to grow our impact.

Fundraise!

Rally support and raise funds to strengthen mental health services in our community.

Event Details



bit.ly/everymind5k



Rockville Town Square

130 Gibbs Street
Rockville, MD US 20850



Sunday, May 18, 2025

8:30 - 10 a.m.

ServingTogether.
Connecting Veterans.

A program of **EveryMind.**

Affiliated with **AmericaServes**

