

Join us  
FEB 12

5:30 - 8:00pm

*Rest*  
*Relax*  
*Recharge*

The Sonic Oasis: A Guided Group Sound  
Meditation

# SOUND BATH OF SOMD

Leonardtwn, Md

90 Minute meditation session using  
frequency healing & live sound  
involving Crystal Singing bowls,  
Gongs and other instruments.



For more information  
reach out to Alicia

[alicia@operationsecondchance.org](mailto:alicia@operationsecondchance.org)

Space is limited  
be sure to secure  
your spot



Scan to register or  
email me

