

# LETS Program Equine-Assisted Workshop Series for Veterans



## SUICIDE PREVENTION: ASK THE QUESTION

- ◆ *What to expect:*
- ◆ Outdoor equine-assisted growth & learning group session addressing suicide prevention and awareness. Unmounted work, no riding.
- ◆ Conversation around what to do if someone in your life is at risk for self-harm. Recognize signs, how you can help.
- ◆ *Free* for military personnel, veterans, spouse/significant other, and VA caregivers.
- ◆ *Enrollment* is limited — to register, email [leila@lifelinehorsescue.org](mailto:leila@lifelinehorsescue.org) or call 301-318-1686.

**Saturday, September 14, 2024**  
**10:00 am—12:00 pm**

Greystoke Farm  
22600 Robin Ct, Gaithersburg, MD



[www.lifelinehorsescue.org](http://www.lifelinehorsescue.org)  
301.318.1686



**SUICIDE  
PREVENTION  
AWARENESS  
MONTH**

