



OCCUPATIONAL THERAPY & OCCUPATIONAL SCIENCE

JOIN US! PICKLEBALL AND PARKINSON'S STUDY!



Purpose

Our team at Towson University's Occupational Therapy & Occupational Science department is recruiting people with Parkinson's Disease to play pickleball. Your participation will help our team examine if this fun sport could improve balance and reduce fear of falling.

Activities Include:

- A 1-hour game of Pickleball each week for 12 weeks at Towson University's indoor court in Burdick Hall.
- Connect with peers experiencing similar symptoms.
- Free snacks after each game.
- Free Parking.

**Scan me to
sign up!**




Do You Qualify?

If you are interested and meet the following criteria, please contact us!

- Age 50+
- Mild to moderate Parkinson's Disease (stage 1-2)
- Be able to tolerate an hour of physical activity
- Read/speak English, or provide a translator
- Walk in the community without an assistive device
- Have reliable transportation

Interested? Contact

Dr. Allysin Bridges-German

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 Burdick Hall at Towson University's Main Campus