

SSG FOX Veterans  
Presents

# LUNCH & LEARN

EVERY  
TUESDAY  
Noon - 1 p.m.

## Topics will include:

life skills, budgets, self-help, state and federal benefits, mental health and wellness, substance use, and more.

## Location:

Sheppard Pratt Veterans Center  
234 S. Broadway, Baltimore MD

**FREE LUNCH FOR ALL PARTICIPANTS**

For more information email [veterans@sheppardpratt.org](mailto:veterans@sheppardpratt.org)



Sheppard Pratt