



Changing Lives One Sail At a Time

Ahoy Recovering Warriors!

Join Us for Fun and Adventure on the Chesapeake Bay



CRAB invites you to take part in monthly Military Sailing Days, during our sailing season. Join us for exhilarating two-hour sails, sponsored by Move United, for Recovering Warriors. Enjoy the beauty of the Chesapeake Bay while gaining sailing skills and meeting other veterans. Friends and family are welcome.

Dates:

- April 30th – Tuesday - 1:30 - 3:30 pm
- May 29th – Wednesday - 1:30 - 3:30 pm
- June 12th – Wednesday - 1:30 - 3:30 pm
- July 31st – Wednesday - 1:30 - 3:30 pm
- August 28th – Wednesday - 1:30 - 3:30 pm
- September 25th – Wednesday - 1:30 - 3:30 pm
- October 16th – Wednesday 1:30 - 3:30 pm

A trained skipper and crew will teach you to sail on one of CRAB's Beneteau First 22As. CRAB's fleet is modified to safely accommodate warriors with any disability in comfort.



More Information:

(410) 266-5722

www.crabsailing.org