



CBT SKILLS AND SUPPORT CLOSED IN-PERSON GROUP

10 WEEKLY MEETINGS ON WEDNESDAYS

1700-1800

The purpose is to create a space for members to develop skills and insight regarding the intersection of their affectional, service, and other salient identities while fostering a sense of support and developing connections with other members who share similar experiences.

Call or email to register: (240) 847-7500 info.mfc@eseal.org





The Steven A. Cohen Military Family Clinic at Easterseals