

**1ST & 3RD THURSDAYS  
AT 3:30PM ET ON ZOOM**

## **CREATIVE WRITING**

**Workshop for Military, Veterans,  
Caregivers & Spouses**

with poet & author

**LAURA  
VAN PROOYEN**



*No writing experience required—if you can think, you can write!*

*Blue Star Families has partnered with Community Building Art Works (CBAW) and author Laura Van Prooyen for a virtual creative writing workshop. Laura has led workshops in the past with veterans, service members, military spouses, caregivers, health care workers, and university students, so you won't want to miss this! Writing is a powerful tool for communication, self-discovery, and reflection. Together over Zoom, we'll read a short piece of writing, see what makes it work and use it to enter into our own stories.*

Laura Van Prooyen is author of three collections of poetry: *Frances of the Wider Field* (Lily Poetry Review Books) *Our House Was on Fire* (Ashland Poetry Press) nominated by Philip Levine and winner of the McGovern Prize and *Inkblot and Altar* (Pecan Grove Press). She is also co-author with Gretchen Bernabei of *Text Structures from Poetry*, a book of writing lessons for educators of grades 4-12 (Corwin Literacy). Van Prooyen is the Managing Editor for *The Cortland Review*, and she teaches in the low-residency MFA Creative Writing program at Miami University. She lives in San Antonio, TX. Visit her online at [lauravanprooyen.com](http://lauravanprooyen.com)

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