



Community Building Art Works

Monthly Events Calendar (All times EDT) cbaw.org/events

TUE WED THU FRI

▶ Week 1

7 PM: Poetic Record: Resilience Workshop for Healthcare Workers with Laura Van Prooyen

7 PM: Online Visual Art Workshop with Valerie Acosta

3:30 PM: Online Writing Workshop for Military Spouses and Caregivers (in Partnership w/ Blue Star Families) with Laura Van Prooyen*

12 PM: Online Writing Workshop with Seema Reza

▶ Week 2

12 PM: Online Comedy Workshop with Amelia Bane in Partnership with Steven A. Cohen Military Family Clinic at Easterseals
7 PM: Poetic Record: Resilience Workshop for Healthcare Workers with Laura Van Prooyen

7 PM: Online Visual Art Workshop with Joe Merritt

All dates, times, and events are subject to change. See our Event Calendar at the link above or click here for the most current and accurate information.

12 PM: Online Writing Workshop with Seema Reza

▶ Week 3

7 PM: Poetic Record: Resilience Workshop for Healthcare Workers with Laura Van Prooyen

7 PM: Online Visual Art Watercolor Workshop with Shaun Smith

3:30 PM: Online Writing Workshop for Military Spouses and Caregivers (in Partnership w/ Blue Star Families) with Laura Van Prooyen*
7 PM: Online Writing Workshop in Partnership with Strathmore featuring Special Guest Authors**

12 PM: Online Writing Workshop with Seema Reza

▶ Week 4

12 PM: Poetry Workshop with Ben Weakley in Partnership with Steven A. Cohen Military Family Clinic at Easterseals
7 PM: Poetic Record: Resilience Workshop for Healthcare Workers with Laura Van Prooyen

7 PM: Online Open Art Studio Workshop with Joe Merritt (If 4th Wed. is last Wed. of the month.)
7 PM: Online Visual Art Workshop featuring Special Guest Artists** (Occurs when there is a 5th Wednesday in the month.)

****Guest artists and authors can be found on our Event Calendar at the link above, or by clicking here.**

12 PM: Online Writing Workshop with Seema Reza

▶ Week 5 (When Applicable)

7 PM: Poetic Record: Resilience Workshop for Healthcare Workers with Laura Van Prooyen

7 PM: Online Open Art Studio Workshop with Joe Merritt

Questions?
Contact us:
info@cbaw.org

12 PM: Online Writing Workshop with Seema Reza



Community Building Art Works

Monthly Events Calendar

Poetic Record: Resilience Workshop for Healthcare Workers with Laura Van Prooyen

Writing workshop for healthcare workers that blends poetry, community, and the science of resilience.

Every Tuesday, 7 PM EDT

Comedy Workshop with Amelia Bane in Partnership with Steven A. Cohen Military Family Clinic at Easterseals

Writing workshop for all interested to learn and practice comedy writing skills.

2nd Tuesday, 12 PM EDT

Poetry Workshop with Ben Weakley in Partnership with Steven A. Cohen Military Family Clinic at Easterseals

Creative writing workshop for all.

4th Tuesday, 12 PM EDT

Visual Art Workshop with Veteran Artists Val Acosta, Shaun Smith, and Joe Merritt

Hang out in a collaborative group setting, learn new art techniques, and create a masterpiece. No experience necessary.

Check our online calendar of events for more details.

Every Wednesday, 7 PM EDT

Writing Workshop for Military Spouses and Caregivers with Laura Van Prooyen in Partnership with Blue Star Families*

Creative writing workshop where we'll consider writing as a tool for communication, expression, and relief from holding it all together.

1st & 3rd Thursday, 3:30 PM EDT

Writing Workshop with Seema Reza

No experience required! If you can think, you can write. Bring some paper and a pen!

Every Friday, 12 PM EDT

Writing Workshop in Partnership with Strathmore featuring Special Guest*

Creative writing workshop where you can put your personal stories on paper in a supportive environment.

3rd Thursday, 7 PM EDT

All dates, times, and events are subject to change. See our Event Calendar at cbaw.org or [click here](#) for the most current and accurate information including our special guest artists.

[Follow us on social media: Visit linktr.ee/cbaw](https://linktr.ee/cbaw)



cbaw.org/events

Questions? Contact us: info@cbaw.org