

# MENTAL HEALTH CARE

*for Veterans, Service Members, and their Families*



Our Cohen Clinic is part of **COHEN VETERANS NETWORK**, a nonprofit network of mental health clinics delivering accessible, high-quality care to veteran and military families nationwide.

## HOW TO GET CONNECTED

The Steven A. Cohen  
Military Family Clinic at  
Easterseals



### VISIT

1420 Spring Street  
Suite 300  
Silver Spring, MD 20910



### MAKE AN APPOINTMENT

(240) 847-7500



### LEARN MORE

[info.mfc@eseal.org](mailto:info.mfc@eseal.org)  
[mfc.eseal.org](http://mfc.eseal.org)



Contact us to learn more about early morning/evening appointments, child care, or telehealth options.





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## WHO WE SERVE

- ★ **POST-9/11 VETERANS** including those from the National Guard/Reserves, regardless of occupational specialty, discharge status, or service length.
- ★ **SERVICE MEMBERS** of all branches including the National Guard/Reserves, regardless of activation status.  
\*Active Duty need TRICARE referral.
- ★ **MILITARY FAMILY MEMBERS** including spouse or partner, children, parents, siblings, caregivers, and families of choice.

*All sexual orientations/genders welcome.*

## HOW WE HELP

- ★ **PERSONALIZED THERAPY** for individuals (adults and children), couples, and families.

Care is available for a variety of mental health concerns including:

- PTSD
- anxiety
- relationship and family difficulties
- depression
- stress
- transition challenges
- trouble sleeping
- anger

Our high-quality care is **evidence-based**, which means we use treatments that are supported by research and considered to be among the best, most **effective** practices available.

We also offer therapeutic and wellness groups.

- ★ **RESOURCE CONNECTION**

We connect clients to local resources and provide referrals for related needs such as:

- finances
- legal
- employment
- education
- housing



Video therapy delivered online makes it easy to access the same high-quality, confidential care without having to visit the clinic. Stable internet connection and device with audio/video capabilities needed. CVN Telehealth is available statewide in MD, DC, VA, and WV.