

## **Community Resources**

ServingTogether, a program of EveryMind, was launched in 2011 to coordinate community-based resources for service members, veterans and their families in the MD/NoVa/DC region. Our mission is to make it easier for all those who have served in the Armed Forces, National Guard or Reserves, and their families to access the local services they need.

We are affiliated with a larger network of coordinated care, with the Institute for Veterans and Military Families (IVMF) initiative called AmericaServes. We are one of 18 communities throughout the United States serving as a hub of health and human service related providers. The goal is to help reduce down the number of times a veteran or military-connected individual has to get bounced around to different providers or lost in seeking to find the right resource. This also allows us to be connected to a broader community of providers throughout the United States, and refer veterans to the closest provider to their community.

ServingTogether's Peer Navigators connect service members, veterans, their family members and caregivers, regardless of rank, service era or discharge status, to specific resources to best fit their needs. From benefits and education assistance to financial, health care, legal and employment resources, ServingTogether's staff connects military and veterans with opportunities and resources they may not even be aware of in the area.

To contact the Peer Navigators, please visit [www.servingtogetherproject.org](http://www.servingtogetherproject.org) and complete the Get Assistance form on the website, or call 1-855-738-7176.

## **Community Education**

ServingTogether works to educate the entire DMV community on the needs of military and veterans in the National Capital Region. Since 2012, ServingTogether staff has been trained to provide Mental Health First Aid workshops focusing on [Military, Veterans and their Families](#). Mental Health First Aid teaches the warning signs of mental illness and addiction, as well as how to help someone experiencing a mental health related crisis. By attending a Military/Veteran Mental Health First Aid, our military and veterans become more aware of the support available in their community and help to break down the stigma associated with mental illness. To date, ServingTogether has trained over 650 Mental Health First Aiders in how to better understand military culture and the unique needs of our military and veteran populations, especially to support improved mental wellness. ServingTogether is funded to provide 4 Military/Veteran Mental Health First Aid workshops per year.

We are also connected to various experts in the region and can work to coordinate a workshop or training to meet the needs of providers and community stakeholders in the National Capital Area.

Visit [www.ServingTogetherProject.org](http://www.ServingTogetherProject.org) for upcoming events, information, helpful guides & checklists, and more. Sign up for our weekly newsletter that highlights events and information pertinent to the veteran population in the National Capital Region.

## **Community Collaboration**

ServingTogether helps to coordinate or is members of various Collaboratives, Committees and Councils related to our military and veteran community. We chair 5 community collaboratives which provide an opportunity to network, share, learn and interconnect to other area community providers. To learn more about them, visit: <https://servingtogetherproject.org/collaboratives/>

