



SEPT 23rd Noon to 4pm



**BE
=THE=
ONE**

To Help A Family Member

To Help A Neighbor

To Help A Friend

To Reduce Veteran Suicide

To Help Make A Difference

Come visit POST 217 located in College Park for a **FREE** afternoon of Music, Food, & Information Rescource Help. Let's together remove the stigma of mental health help.

Guest Speakers

- VA Vet Center

- Stephen A. Cohen Military Family Center



For more infromation, or to setup a table call 301-441-2783

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