Maryland's Commitment to Veterans Presents

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CEUs

SERVICE MEMBERS, VETERANS AND FAMILIES (SMVF) MONTHLY WORKSHOP SERIES

Veterans and Mental Health: Helping Those Who Have Served

Join us Thursday, September 14 1 to 3 p.m. EST

Col. Fred Stone, USAF (Ret), PhD, LCSW, SHRM-CP and Lt. Col. Rachel Foster, USAF (Ret), PhD, LCSW



- Examine military culture and its impact on veterans
- Identify the mental health challenges facing many veterans
- Understand the barriers to help seeking and how to overcome them





Register: bit.ly/MCVSEPTEMBER



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