

First Responder PTSD Symposium

Education and Support for First Responders and Their Families

Friday, July 14 | 8:30 a.m. – 4:15 p.m. | Carroll Community College

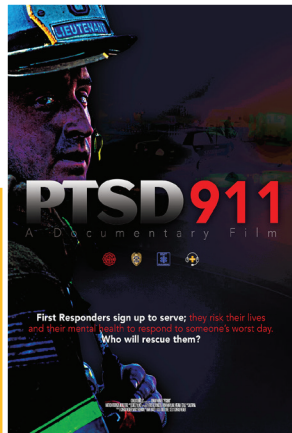
Open to all first responders including: fire, police, EMS, 911 dispatchers, military and their families.

KEYNOTE

Resiliency: Leading and Supporting First Responders

Ed Rothstein, Carroll County Commissioner

Retired Col. Rothstein served more than 30 years in the military with numerous deployments. At his last military assignment as Garrison Commander at Fort Meade, Rothstein was instrumental in launching the Fort Meade Education and Resiliency Center to provide hands-on training and support in the five pillars of resiliency – Family, Emotional, Physical, Spiritual and Social.



SCAN FOR
FILM INFO
& TICKETS.



Offered in conjunction with
PTSD911 Documentary Film Screening
Saturday, July 15 | 6 p.m.

Carroll Community College
Theater in the Scott Center

SESSIONS

The Science of PTSD – What to Know and Why

Anne Arena, MA, CAS

Building Your Decompression Toolbox

Annie Cumberland, WAE Certified Instructor

Resilience – Adapting in the Face of Adversity

Amy Laugelli, CPP

How Do First Responders and Their Families Adapt

Michelle L. Young, LCSW-C

Course #: AHE-390-A1

\$49 (includes breakfast & lunch)

Carroll County residents DEDUCT \$10,
Maryland non-Carroll residents DEDUCT \$5

Registration required. Seats are limited.

Visit www.carrollcc.edu/CETregistration
or call 410-386-8100.

