



# **Are you bothered by sleep problems?**

**We are looking for Veterans (age 18-85) who are dissatisfied with their sleep and who have been diagnosed with a serious mental illness (ex. Schizophrenia Disorders, Bipolar Disorder, or Depression with Psychosis) to partake in a research study on Insomnia Treatment.**

**Research will be conducted virtually.**

**Please call Justine Glieger at (443-531-1005) to see if you are eligible.**

**You will be paid for your participation.**

This research is conducted under  
Elizabeth Klingaman, Ph.D.  
VISN 5 Mental Illness Research, Education, and Clinical Center  
VA Maryland Health Care System (VAMHCS)