



*I can't forgive myself or believe that anyone (even God) could forgive me for the evil I have done...I felt everyone judging and condemning me. The pain and depression were so overwhelming, I had the gun to my head...I looked that horse in the eye, he looked back at me, and I saw nothing but acceptance and gratitude. For the first time, I felt forgiveness.*

– Chuck

*The enclosed Purple Heart medal was presented to me for wounds sustained in combat...I am presenting it to you as my way of showing just how much you have helped me in my healing process.*

– Arturo

## LIFE-CHANGING RESULTS FOR HUNDREDS OF VETERANS & SERVICE MEMBERS

To date, over 1,500 Veterans and Service Members have graduated from the Saratoga WarHorse program. An overwhelming majority of them report lasting, positive impacts. And through the program, the Veterans and Service Members give retired racehorses new purpose.



*You saved my life. I am now full of peace and a calmness that I would never have thought possible after the pure hell of PTSD that I used to live with.*

– Alison



### > HOW YOUR SUPPORT HELPS!

**\$5,000** provides transportation for a class of six to attend our program.

**\$3,000** enables one Veteran or Service Member to experience the program.

**\$1,000** pays for our coaches to guide a class through the program.

**\$500** covers meals for a class of Veterans/Service Members.

**\$250** covers accommodations for one Veteran/Service Member.

**\$100** provides a class with personalized video footage of their experience.

Visit [www.SaratogaWarHorse.org/donate](http://www.SaratogaWarHorse.org/donate)