



Memorandum
U.S. Department of Veterans Affairs
Martinsburg Vet Center

300 Foxcroft Ave Suite 100A
Martinsburg, WV 25401

Available Services for Afghanistan Vets

We understand that recent events in Afghanistan can trigger a variety of emotions for Veterans, service members, and their families based on their unique experience as it pertains to these events.

Feeling distress is a normal reaction to negative events, especially ones that feel personal. It can be helpful to let yourself experience those feelings rather than try to avoid them, and the Martinsburg Vet Center is there to assist with processing through those feelings.

The Martinsburg Vet Center stands ready to support Veterans, service members who have experienced the tragedies of war or other types of trauma, and their families with community-based counseling at no cost and without time limitation. Vet Centers offer opportunities to build connections with other Veterans and service members who have shared or similar experiences and know they're not alone.

We encourage any Veteran or service member who served in Afghanistan or a family member who lost someone while serving in Afghanistan to get connected to the Vet Center.

The Martinsburg Vet Center, invites Veterans, Active Duty, Guard, Reserve, and Family members to contact the Vet Center for help processing these events.

Vet Centers were founded by Vietnam Veterans who recognized the need of community with other Veterans who could come together and begin to make meaning of their military service and begin to heal.

The Martinsburg Vet Center is a part of 300 Vet Centers across the country, who are relying on their 40 + years of experience in providing safe and confidential places for Veterans and services members to process through their experiences in combat, or other traumatic experiences endured in the military.

To get connected, we encourage Veterans, service members and their families to call us during normal business hours at (304)-263-6776. To learn more about our services visit our website at www.vetcenter.va.gov

Greg Edens, MPA

Veterans Outreach Program Specialist
U.S. Department of Veterans Affairs

USMC Veteran

Martinsburg Vet Center 224
300 Foxcroft Ave., Suite 100A
Martinsburg, WV 25401
Gregory.Edens@va.gov



Connection.
Camaraderie.
Community.