



## WHO ARE WE

## WHAT WE DO

Wish of a Lifetime (WOL) from AARP is a 501c3 non-profit and a charitable affiliate of AARP. We are an organization with a purpose and plan to create change for a population of individuals who are largely ignored. We see wish granting as a way to form a society in which we all want to age. Aging is one of the few truly universal experiences - let's make it a purposeful experience for all.

**Mission:** To shift the way society views and values our oldest generations by fulfilling seniors' dreams and sharing their stories to inspire those of all ages.

**Vision:** We envision a world in which society embraces aging and the inherent wisdom that accompanies it, where seniors are celebrated for their accomplishments and sacrifices, and where intergenerational connections are part of our daily lives.

To date, WOL has granted over 2,000 wishes. The wishes we fulfill are varied, highly unique and fit into one of these categories:

- **Renewing & Celebrating Passions** highlight the activities, experiences, or interests of the past. This may include performing on stage, riding a horse, or sailing.
- **Reconnecting Loved Ones** emphasizes the tremendous impact of social connection. Whether it be connecting with a pen pal, reuniting with a childhood friend, or meeting a great-grandchild for the first time.
- **Commemorating Service** honors individuals who have served their country by visiting a place that has a special meaning or reconnecting with a past service experience or person.
- **Fulfilling Lifelong Dreams** provides an opportunity to do something for the first time! Meeting a celebrity, flying in a hot air balloon, or attending a sporting event or concert.

### Criteria To Qualify for a Wish

- Age: 65+
- **Personal Sacrifice** - Have you exhibited personal sacrifice in your life?
- **Tremendous Obstacle** - Are there any barriers that you have faced or are currently facing?
- **Connection** - What is your personal connection to the wish request?
- **Isolation** - Are there signs of social, physical, and/or mental isolation in the applicant's life?

### How to Submit a Wish

1. Take 15-20 minutes to talk with an older adult in your life about who they are and what they love.
2. Once you identify a wish submit an application [here](#).
3. That's it! The WOL team will complete the vetting process, execution, and scheduling of the wish if approved.

Submit an application [here](#) or contact [volunteer@wishofalifetime.org](mailto:volunteer@wishofalifetime.org) for more information on how to join the movement!