

JOIN US FOR...

VIRTUAL PUPPY YOGA FOR MENTAL HEALTH

MAY 22, 2021 10:00AM - 11:00AM EST



Please register at <http://bit.ly/puppyyoganami>

Join us for Puppies and Yoga along with representatives from 5 Veteran Service Organizations in Maryland to help raise awareness for the National Alliance on Mental Illness (NAMI) and break the stigma of mental health care for veterans and military families.

This will be a FREE virtual session with gentle and adaptive yoga for all – including puppies from Warrior Canine Connection, born to be of service to their communities!

Join us to celebrate NAMI Walks, advocate for Mental Health and come together for wellness!

Open to the PUBLIC and all advocates of military mental health awareness.

After registration, an email will be sent on how to join the virtual event.



The Steven A. Cohen
Military Family Clinic
at Easterseals



Serving **Together**.
Connecting Veterans.
A program of EveryMind.

