

SUICIDE PREVENTION MONTH EVENT CALENDAR

September 2019

WEEK 1

- 4—Wear Yellow to Work for Suicide Prevention Month!
- 5—[Intimate Partner Violence and Suicide](#)
- 6-8—[National Weekend of Prayer for Faith, Hope, & Life](#)
- 6—[Mental Health First Aid Training](#)
- 7—[Carroll County Out of the Darkness Walk](#)
- 7—[Managing my Grief Workshop](#)

WEEK 2

- 10-11—[2-Day Cognitive Behavioral Therapy for Suicide Prevention Workshop](#)
- 11—[Stress Management Workshop](#)
- 12—[CDP Presents: Guns and Suicide: What do we know and what can we do?](#)
- 12—[Surviving the Unthinkable: Homicide Bereavement](#)
- 13—[10th Annual Suicide Prevention Symposium](#)
- 14—[Hagerstown Out of the Darkness Walk](#)

**WORLD
SUICIDE
PREVENTION
DAY** ●●●

10th September

WEEK 3

- 15—[Intro to Mindfulness Based Stress Reduction](#)
- 17—[safeTALK Training: Westminster](#)
- 18—[Cultivating Self Compassion](#)
- 19—[NAMI Metro Baltimore 2019 Annual Meeting](#)
- 19—[Early Identification and Treatment of Mental Illness with Psychosis](#)
- 20—[CE Seminars on Suicide](#)
- 20—[Severe Irritability in Youth](#)
- 21—[Ocean City Out of the Darkness Walk](#)
- 21—[Annapolis Out of the Darkness Walk](#)



WEEK 4

- 22—[Montgomery County Out of the Darkness Walk](#)
- 24—[Take an online suicide prevention training module](#)
- 26-27—[Supporting Grieving and Traumatized Teens](#)
- 28—[Howard County Out of the Darkness Walk](#)
- 28—[Mid-Shore Maryland Out of the Darkness Walk](#)