

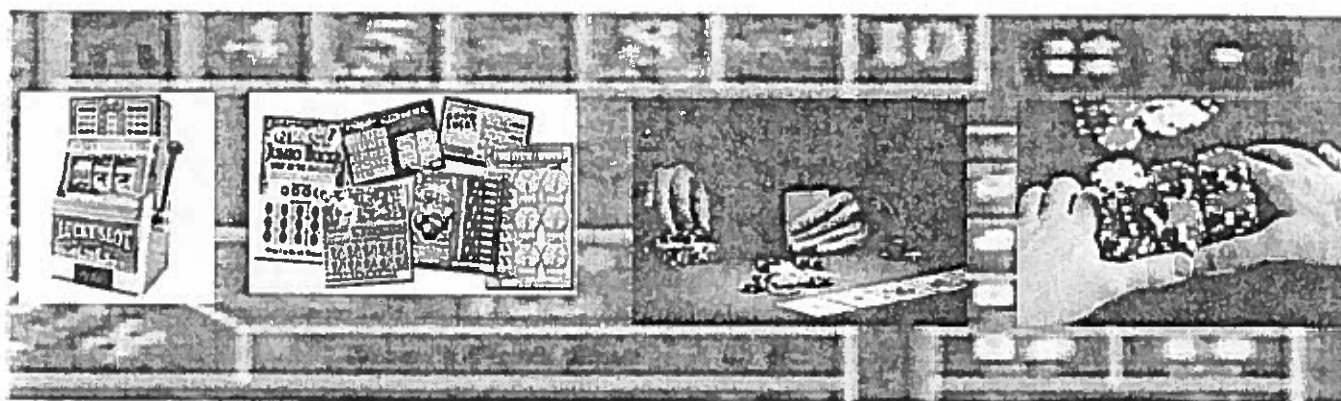


BALTIMORE VA GAMBLING AWARENESS GROUP
EVERY THURSDAY FROM 10-11AM / Rm 6C161

GROUP IN PROGRESS SINCE JULY 20, 2015
ARE YOU GAMBLING WITH YOUR FINANCES?
STOP CRAPPING OUT!!!!!! GET HELP!!!

IF YOU ANSWER YES TO ANY ONE OF THESE QUESTIONS, COME TO OUR GROUP.

- ♦ **Have there ever been periods lasting 2 weeks or longer when you spent a lot of time thinking about your gambling experiences or planning out future gambling ventures or bets?**
- ♦ **Have you ever gambled as a way to escape personal problems?**
- ♦ **Has there ever been a period when, if you lost money one day, you would return another day to get even?**
- ♦ **Has your gambling ever caused serious or repeated problems in your relationships with any of your family members or friends?**



HELP HAS ARRIVED—WE DON'T LEAVE OUR WOUNDED BEHIND! FOR MORE INFORMATION CONTACT TINEKA RICE, LCSW-C --RM 6B156/EXT.55591 or JAMES MCRAE, M.Ed./ADDICTION THERAPIST --RM 6C126/EXT. 56384

- ♦ **Get overview on diagnostic criteria for problem gambling disorder.**
- ♦ **Learn the difference between recreation gambling & problem gambling.**
- ♦ **Learn the signs & symptoms of problem and compulsive gambling.**
- ♦ **Be informed on cross addiction: How gambling affects substance use disorders/vice versa.**
- ♦ **Be informed on traps of the gaming industry and neurobiology of addiction, and recovery planning.**