

Veterans Integration To Academic Leadership (VITAL)



What is VITAL?

Veterans Integration To Academic Leadership is the VA's approach to reaching out to student veterans. The VITAL Initiative is a partnership between the VA Maryland Health Care System and local colleges and universities. VITAL staff members are here to help students address their overall mental health needs and concerns, while supporting them to use their unique set of strengths, skills and life experiences in the academic setting.



Mission:

To provide world-class healthcare and improve the overall mental health of veterans, while supporting their successful integration into college and university campuses, through seamless access to VA healthcare services and on-campus clinical counseling.

VITAL Services

You have an ally at school who understands your needs as a student veteran.

Veterans

- Individual and group counseling to address readjustment, stress, anger, depression, anxiety and sleep problems;

- Couples and family counseling;
- Assistance with getting disability services (e.g. hearing devices) and academic accommodations (e.g. testing accommodations);
- Assistance with enrollment and care at the VA Maryland Health Care System;
- Connection to VA health care and Veterans Benefits Administration (VBA) and Vocational Rehabilitation services;
- Connection to community resources for Veterans;
- Support with university processes regarding academic actions and/or conduct issues.

Academic Faculty/Staff

- Education for college/university faculty and staff about military and veteran culture;
- Consultation about veteran-specific issues that impact performance and academic success;
- Work with college/university counseling centers, disability resource centers, student health centers, and other on-campus programs in serving the unique readjustment needs of veterans;
- Assist with communication between the VA Maryland Health Care System and college/university staff about your concerns, resources and needs.

VA Campus Toolkit provides additional information and resources for helping create a veteran-friendly campus and classroom environment.

What to Expect

- Confidentiality;
- Prompt response to phone or email inquiries about the VITAL program;
- Veteran-centered perspective.

VITAL Affiliated Campuses

Community College of Baltimore County (all campuses)

- <http://www.ccbcmd.edu/veterans/>
- On-campus hours: Monday (Catonsville) and Friday (Essex); appointments preferred, but walk-ins welcome.
- CCBC VITAL website: <http://www.ccbcmd.edu/Get-Started/Applying-to-CCBC/Veteran-Student.aspx>

Towson University

- <http://www.towson.edu/veterans/>

- On-campus hours as requested

University of Baltimore

- <http://www.ubalt.edu/campus-life/veterans/>

News and Updates

<http://www.wbaltv.com/news/maryland/military/VITAL-program-helps-connect-veterans-with-college/17045772>

CONTACT



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[SIDEBAR MATERIAL]

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HOURS OF OPERATION

Monday-Friday
8:00am-4:30pm

RESOURCES

VA Campus Toolkit [<http://www.mentalhealth.va.gov/studentveteran/index.asp>]
VetSuccess on Campus [<https://www.ebenefits.va.gov/ebenefits/vsoc>]
Maryland Department of Veterans Affairs [<http://veterans.maryland.gov/>]
Make the Connection [<http://maketheconnection.net/>]
Vet Centers [<http://www.vetcenter.va.gov/>]
VA Maryland on Facebook [<https://www.facebook.com/MDVAHCS>]
National Center for PTSD [<http://www.ptsd.va.gov/>]
AboutFace [<http://www.ptsd.va.gov/apps/AboutFace/>]
Coaching into Care [<http://www.mirecc.va.gov/coaching/index.asp>]