

# W2SM

Prince George's County Vet Center  
Warrior 2 Soul Mate



## Helping Veterans Strengthen Relationships

Military service can present challenges in marriages including financial, long separation, multiple deployments, injury and illness. These challenges can add stress to family and relationships.

Through W2SM, the Prince George's County Vet Center seeks to teach and reinforce positive attitudes, emotional understanding and behaviors that nurture and sustain healthy relationships and loving families.

Any Veteran and their partner is invited to attend this couples workshop. W2SM is designed to develop skills to improve relationships. W2SM utilizes the PAIRS (Practical Application of Intimate Relationship Skills) curriculum.

### W2SM will help you learn tools to:

- Promote effective communication
- Strengthen connection and confidence
- Positively effect decision making
- Empower conflict resolution
- Enhance trust and commitment

### Contact:

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U.S. Department  
of Veterans Affairs

Veterans Health  
Administration

Washington DC  
VA Medical Center

W2SM  
Warrior to Soul Mate  
Renew - Reconnect

### Two-Day Workshop

February 9: 8:30 a.m. - 5:30 p.m. &

February 10: 8:30 a.m. - 3 p.m.

Location:

Prince George's County Vet Center

7905 Malcolm Road, Suite #101

Clinton, MD 20735

\*Lunch will be provided