



# WOUNDED WARRIOR PROJECT® PEER SUPPORT



## ARBUTUS, MD PEER SUPPORT GROUP

### WHAT ARE PEER SUPPORT GROUPS

Peer Support Groups (PSG's) are small groups led by and designed for warriors to connect with each other, discuss personal challenges, and lend support.

### OUR PURPOSE

The purpose of the PSG is to provide a stress free and safe environment for warriors to support and assist each other throughout their recovery.

### WHEN

Last Thursday Every Month  
1730 – 1800 Meet and greet & dinner  
1800 – 2000 Support Group meeting

### WHERE

Re/Max Real-Estate office  
(Parking located in back of building)  
1424 Sulphur Springs Road  
Arbutus, MD

### **GUIDELINES**

- ★ Dinner provided by WWP
- ★ Participants must be Wounded Warrior Project (WWP) Alumni, or qualify and register to become an Alumnus
- ★ Groups are usually less than 20 participants
- ★ No long term commitment needed, come and go as you please

If you are interested, please contact us at  
[gba.wwp.psg@gmail.com](mailto:gba.wwp.psg@gmail.com), or Beth Schmidt, DC Alumni Director at  
[bschmidt@woundedwarriorproject.org](mailto:bschmidt@woundedwarriorproject.org) for more information about  
joining an existing group.



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