

Updated Fluid Milk Requirements for Children

Child's Age	OCC Current COMAR	CAFP Changes as per 91 FR 25073 – Effective June 8, 2026
Child younger than 2 years old Infant or toddler	Only whole, pasteurized milk will be served to an infant or toddler who is not receiving formula or breast milk.	Fluid milk served to children 1 year old must be unflavored whole milk.
Child 2 years old or older	Milk furnished to the child by the operator shall be 1% fat milk or nonfat milk, unless otherwise ordered by a health care provider or requested by the child's parent.	Fluid milk served to children aged 2 through 5 years old may be unflavored whole, reduced-fat, low-fat, or fat-free milk. Fluid milk served to children 6 years old or older and adult participants may be unflavored or flavored, whole, reduced-fat, low-fat, or fat-free milk.