



Understanding MITP COS (Child Outcome Summary) Process

Monday, August 24, 2026
 7:00pm – 8:30pm
[Register](#)

Join us for a family-friendly overview of the Child Outcomes Summary (COS) process, where you'll learn what the COS is, why and when it is completed, and the three child outcomes used to understand your child's development. Together, we'll review what is included in each outcome area, discuss the basics of child development, and share practical strategies families can use to support their child if developmental challenges arise. Families will leave with a better understanding of how the COS helps teams celebrate strengths, identify needs, and support children's growth and success in everyday activities.

Understanding the Individualized Family Service Plan

Thursday, September 10, 2026
 7:00pm – 8:30pm
[Register](#)

The IFSP is your family's roadmap in early intervention. In this session, you'll learn what the plan includes, how it's created, and how it supports your child's development. We'll explain each part of the IFSP in clear, easy-to-understand terms and share ways you can take an active role in shaping your child's goals and services. Families will leave feeling more confident about what the IFSP is and how it guides your early intervention journey.

Transition

When Your Child Turns 3 in Early Intervention

Transitions are an important part of your child's journey, especially at age three. This session will help families and caregivers prepare for the next steps when a child approaches age three, including understanding the choice between continuing early intervention through an Extended IFSP option (if eligible) or preparing for a smooth transition to preschool services. **Please note: this workshop is available for current ITP families only.**

Thursday, September 24, 2026
 7:00pm – 8:30pm
[Register](#)

Wednesday, November 4, 2026
 1:00pm – 2:30pm
[Register](#)

Wednesday, January 6, 2027
 7:00pm – 8:30pm
[Register](#)

Thursday, March 4, 2027
 9:30am – 11:00am
[Register](#)

Tuesday, May 11, 2027
 4:00pm – 5:30pm
[Register](#)

Life Rescue: Infant & Toddler CPR/First Aid In Person - Wheaton

Saturday, September 26, 2026
 9:00am – 10:30am
[Register](#)

Acquire practical, hands-on skills to respond to emergencies with confidence. You'll learn the basics of CPR for infants and toddlers, what to do in common first-aid situations, and how to stay calm while taking quick, helpful action. Participants will practice essential techniques with guidance from trained instructors. Families will leave feeling more prepared to keep their little ones safe in everyday situations and unexpected moments. **Please note: this workshop is available for current ITP families only.**

Potty Training 101 Managing Parent Expectations

Thursday, October 8, 2026
 7:00pm – 8:30pm
[Register](#)

Potty training can be challenging but understanding what to expect can make the process easier for everyone. This workshop introduces simple strategies to help families recognize readiness signs, build helpful routines, and support children as they learn new skills. We'll talk through common setbacks, ways to stay calm and consistent, and how to make potty training feel more manageable. Families will leave with practical tips and a clearer idea of how to guide their child through this

important milestone.

Car Seat Safety Checks

In Person – Rockville

**Saturday, October 17,
2026**
9:00am – 10:30am
[Register](#)

Keeping your little one safe on the road starts with a properly installed car seat. Come out and get your car seat checked by trained staff who can help ensure everything is secure and set up correctly. Families will receive simple, helpful guidance and leave feeling confident that their child is traveling as safely as possible. **Please note: this workshop is available for current ITP families only.**

Beyond the Bedtime Battles | Understanding Toddler Sleep

**Thursday, October 22,
2026**
7:00pm – 8:30pm
[Register](#)

Bedtime struggles are common for many families. Babies and toddlers often have difficulty falling asleep and may wake up several times during the night. Having a good daytime and bedtime routine can help! Join us to learn why babies and toddlers have sleep challenges and learn tips to help your child fall asleep and stay asleep.

Transition

When Your Child Turns 3 in Early Intervention

Wednesday, November 4, 2026
1:00pm – 2:30pm
[Register](#)

Transitions are an important part of your child's journey, especially at age three. This session will help families and caregivers prepare for the next steps when a child approaches age three, including understanding the choice between continuing early intervention through an Extended IFSP option (if eligible) or preparing for a smooth transition to preschool services. **Please note: this workshop is available for current ITP families only.**

Understanding Autism Spectrum Disorder (ASD)

**Wednesday, November 18,
2026**
7:00pm – 8:30pm
[Register](#)

Gain a clear and supportive introduction to Autism Spectrum Disorder (ASD). You'll learn common characteristics of ASD, how these may appear in young children, and why certain behaviors can be easily misunderstood. We'll discuss communication, sensory needs, and ways families can support their child's development at home and in everyday routines. Families will leave with practical strategies and a better understanding of how to connect with and advocate for their child.

Picky Eaters

**Wednesday, December 2,
2026**
7:00pm – 8:30pm
[Register](#)

Picky eaters—every parent has been there! One week your child only wants peanut butter, and the next week they won't eat it at all. Mealtimes can feel frustrating, but you are not alone. Join us to learn why picky eating happens and what you can do to help.

Supporting Your Child's Social-Emotional Growth Through Connection

**Wednesday, December 16,
2026**
7:00pm – 8:30pm
[Register](#)

This workshop introduces families to the building blocks of healthy social-emotional development and how strong relationships help young children thrive. You'll learn how everyday interactions support learning, resilience, and emotional well being. We'll talk about the impact of stress and trauma in simple, easy to understand terms and explore protective factors that help children feel safe and connected. Families will leave with practical strategies they can use at home, along with information about helpful community resources.

Transition

When Your Child Turns 3 in Early Intervention

**Wednesday, January 6,
2027**
7:00pm – 8:30pm
[Register](#)

Transitions are an important part of your child's journey, especially at age three. This session will help families and caregivers prepare for the next steps when a child approaches age three, including understanding the choice between continuing early intervention through an Extended IFSP option (if eligible) or preparing for a smooth transition to preschool services. **Please note: this workshop is available for current ITP families only.**

Montgomery County Police Department Autism Awareness Presentation

Wednesday, January 27,
2027
7:00pm – 8:30pm
[Register](#)

Discover how the Montgomery County Police Department supports young children with Autism Spectrum Disorder. Officers will share their outreach efforts and explain how they work to create safe, positive interactions in the community. Families will learn about tools and resources that help caregivers prepare their children for everyday encounters. You'll leave feeling more informed and supported in partnering with MCPD as your child grows.

What Does Preschool Readiness Look Like for My Child?

Wednesday, February 10,
2027
7:00pm – 8:30pm
[Register](#)

Join us for a helpful session to get ready for preschool! We will talk about what it means for your child to move into a school setting, including how supports like an Individualized Education Program (IEP) can help them learn and grow. We'll also share how preschool classrooms in Montgomery County Public Schools include all children and support different needs. You'll leave with simple ideas to help you feel confident and ready for this next step.

My Turn Program DHHS Aging & Disability Services

Wednesday, February 17,
2027
7:00pm – 8:30pm
[Register](#)

If your child is 2 ½ years of age or older and you are considering transitioning to school-based services, then you do not want to miss talking with the Community Service Coordinators (CSN) with the My Turn Program. The CSN provides summer camp placements and other support resources and programmatic financial assistance to families with children with developmental disabilities ages 3 to 13 years old.

Healthy Teeth, Healthy Kids

Wednesday, February 24,
2027
7:00pm – 8:00pm
[Register](#)

Explore simple ways to keep young children's teeth healthy from the very start. You'll learn how baby teeth develop, everyday habits that prevent cavities, and how to make brushing and dental care part of your child's routine. We'll talk about common challenges, helpful tips for toddlers who resist brushing, and when to schedule dental visits. Families will leave with easy, practical strategies to support their child's growing smile.

Transition When Your Child Turns 3 in Early Intervention

Thursday, March 4, 2027
9:30am – 11:00am
[Register](#)

Transitions are an important part of your child's journey, especially at age three. This session will help families and caregivers prepare for the next steps when a child approaches age three, including understanding the choice between continuing early intervention through an Extended IFSP option (if eligible) or preparing for a smooth transition to preschool services. **Please note: this workshop is available for current ITP families only.**

From Chaos to Connection: The 4 Rs for Supporting Your Child Through Tough Moments

Thursday, March 18,
2027
7:00pm – 8:30pm
[Register](#)

This workshop introduces families to the "4 Rs" framework, a simple way to stay connected and calm when behavior challenges arise. You'll learn how to understand what your child needs during tough moments and how to respond in supportive, practical ways. Families will leave with easy strategies they can use right away to bring more connection and confidence to daily challenges.

Inclusion Begins Where Exclusion Ends: Supporting Young Children in Early Learning

Wednesday, April 7,
2027
7:00pm – 8:30pm
[Register](#)

It is difficult to imagine that infants, toddlers, and preschoolers could be kicked out of a program because of their behavior. However, there is growing evidence that young children are asked to leave childcare and preschool at a greater rate than school-aged children. Discover how parents can continue to support the needs of their early education students by partnering with their child's classroom team to identify potential causes of challenging behaviors and develop a plan to provide support and create a more inclusive early learning environment for their child.

Life Rescue: Infant & Toddler CPR/First Aid

In Person – Germantown

**Saturday, April 10,
2027**
9:00am – 10:30am
[Register](#)

Acquire practical, hands-on skills to respond to emergencies with confidence. You'll learn the basics of CPR for infants and toddlers, what to do in common first-aid situations, and how to stay calm while taking quick, helpful action. Participants will practice essential techniques with guidance from trained instructors. Families will leave feeling more prepared to keep their little ones safe in everyday situations and unexpected moments. **Please note: this workshop is available for current ITP families only.**

Building Bright Minds: A Guide to Cognitive Milestones from Birth to Three

**Wednesday, April 21,
2027**
7:00pm – 8:30pm
[Register](#)

Did you know that by age 5, a child's brain is 90% developed? The early years are a critical window of opportunity, shaping a child's ability to learn, think, and thrive. Early experiences, positive or negative, lay the foundation for their future. Please join us to learn what you can do to continue nourishing your child's growing brain.

Transition

When Your Child Turns 3 in Early Intervention

**Tuesday, May 11,
2027**
4:00pm – 5:30pm
[Register](#)

Transitions are an important part of your child's journey, especially at age three. This session will help families and caregivers prepare for the next steps when a child approaches age three, including understanding the choice between continuing early intervention through an Extended IFSP option (if eligible) or preparing for a smooth transition to preschool services. **Please note: this workshop is available for current ITP families only.**

Car Seat Safety Checks

In Person – Rockville

Saturday, May 15, 2027
9:00am – 10:30am
[Register](#)

Keeping your little one safe on the road starts with a properly installed car seat. Come out and get your car seat checked by trained staff who can help ensure everything is secure and set up correctly. Families will receive simple, helpful guidance and leave feeling confident that their child is traveling as safely as possible. **Please note: this workshop is available for current ITP families only.**

Inclusion in Childcare & Pre-K Settings

Inclusion Cannot Happen When Exclusion Does

**Wednesday, May 19,
2027**
7:00pm – 8:30pm
[Register](#)

Get a clear overview of how childcare and preschool programs support children with different needs. You'll learn what inclusion looks like day-to-day and how families and educators can work together to build helpful routines. Families will leave with practical ideas for partnering with their child's classroom team and supporting a positive learning experience.

Develop Your Child's Early Language & Literacy Skills from Birth to Age 3

**Wednesday, June 9,
2027**
7:00pm – 8:30pm
[Register](#)

Early literacy is the foundation for a child's success in school and life. It starts with language, hearing words, building vocabulary, and learning to communicate. But here's the key: children aren't born knowing how to read. They need nurturing experiences and interactions to develop these skills, and it all begins from day one. Join us to learn what parents can do at home to support their child's healthy development and learning.